the Shurung Star



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PRIDE'S MISSION AT WORK

In 2024, Rebecca and Adam Burgess visited PRIDE Community Services for assistance with locating housing resources. Due to challenging circumstances, the couple was facing the loss of their rental home and had an urgent need for housing. The couple worked diligently alongside PRIDE's Emergency Services Department to complete housing applications and contact local landlords. After several attempts, we finally received notice that the couple had obtained housing locally to meet both of their needs. By working through the housing process, Mr. and Mrs. Burgess have shown us that hard work and determination can lead to a self-sufficient lifestyle. The couple is now feeling safe and secure in their community.

PRIDE Community Services' mission is to make a positive impact on the lives of those in need by bringing together educational, financial, and human resources that support self-sufficiency. Our staff at PRIDE love to hear success stories such as this. We wish the best to Mr. & Mrs. Burgess!



Emergency Repair & Replacement Program

On January 15, 2025, Trumpet Heating and Cooling, Inc. began the installation of Timothy and Amy Kinder's new heating and cooling system. The contractor crew installed a 3-ton split system heat pump to provide much needed heat and air to the home.





For information regarding our Emergency Repair & Replacement Program, contact Will Rogers 304-752-6868 or Will.Rogers@loganpride.com

Emergency Services

Money management is essential for all stages of life. As we age, our spending patterns can change and the thought of adjusting to a fixed income can be worrisome. So, we're sharing some tips below for seniors to use in their financial planning.

- Know exactly how much you have coming in: Become well acquainted with all of your income sources.
- *Make an inventory of expenses*: Do a full inventory of how your money is spent and on what.
- *Create an accessible emergency fund*: Set up a separate account and add a little money at a time.
- Anticipate higher expenses in the future: When it comes to budgeting err on the side of caution. Slightly overestimating your expenses can help prepare for unexpected increases.
- Be extremely careful with debt: Accumulating debt on a fixed income may be hard to pay off. Be cautious using credit cards and overspending.
- Assess your housing and transportation needs: Even if your home and vehicle are paid in full, you may still be required to pay taxes and keep up with general maintenance.
- Remember that every dollar counts: Focus on big expenses first, then manage smaller expenses. Monitor reoccurring expenses that can add up over time.
- *Take advantage of senior discounts*: Don't be afraid to inquire about senior discounts at the grocery store, restaurants and other retailers.
- Optimize your benefits: Look for ways to optimize your private insurance and long-term care planning.
- Make sure your estate planning is up to date: Keep your will and asset titling updated.
- *Be proactive about planning*: Plans for downsizing or purchasing long term care insurance need to done well before the time comes when they are needed.
- Review financial plan: Optimize your investments.
- Protect against fraud: Safe guard your credit cards and financial accounts.

For information about our Emergency Services Program, contact Jordan Martin 304-752-6868 or Jordan.Martin@loganpride.com

Head Start









PRIDE Head Start and Universal Pre-K students began 2025 with an extended Christmas break. It was cold and snowy, but the children made the most of their extra time off.



PRIDE's Head Start is currently accepting applications for 3-year-olds for the 2025-2026 school year. If you have neighbors, friends, or relatives with three-year-olds who are ready to start preschool, please have

them come by PRIDE's main office to fill out an application. Monday-Friday 9:00-3:00.





Head Start is celebrating its 60th birthday this year! Join the celebration by scanning the QR code to sign the Head Start birthday card.

Happy
6 th
Birthday
Head Start



PRIDE's Head Start needs your help to give a big shout-out to someone you caught being kind in the Head Start world. Scan and tell us all about them.

SCAN HERE



INTRODUCING PRIDE'S NEW HEAD START DIRECTOR LAURA HERNDON

PRIDE is pleased to announce, Laura Herndon as the new Head Start Director. Laura is thrilled to be stepping into this role and eager to continue serving our Head Start families and the community.

Laura's journey with Head Start spans sixteen and a half wonderful years. She has gained valuable experience in various roles, and looks forward to ensuring your child's Head Start experience is enriching and empowering.



Human Resources

The 4th Quarter of 2024 was both busy and entertaining for our staff. We started off in October with a Halloween door decorating contest for our employees at PRIDE's main office. We had some very interesting doors to say the least. In November, our staff was able to get some much-needed rest and time with their families for Thanksgiving. Our agency staff enjoyed four holidays during November. On December 6th, our PRIDE family gathered at Special Occasions Event Center for our annual winter conference. Our staff enjoyed a delicious meal and snacks provided by the staff at Special Occasions. We had an amazing time while team building during a murder mystery show presented by Southern WV Coalition for the Arts. Our staff thoroughly enjoyed the show, and we received lots of good feedback on the show and actors. As our agency journeys into 2025, we look forward to many years to come serving our community with our amazing PRIDE family.



In-Home Services

Leandra Trammell began working as Case Manager for PRIDE's In-Home Services Program in January 2025. Her journey started when she took interest in becoming more active in the community. Before joining PRIDE Community Services, she worked at OVP Health as a SUD counselor. Leandra says that as a counselor, she gained knowledge and experience working in rural areas and it gave her a solid foundation in social skills and being comfortable in her role as a professional. She is passionate about her work ethic and always eager to collaborate with the team when it comes to innovation, commitment, kindness, courage, etc. Outside of work, she enjoys spending time with her family, which helps her stay balanced and energized. She states that she looks forward to continued growth in her new role and contributing to shared success with PRIDE Community Services.



<u>Program</u>	Eligibility	Services Provided
Lighthouse	 Must be 60+ years of age; Meet medical eligibility based on an evaluation completed by the agency RN; Financially eligible, determined by a sliding fee schedule 	Provides support in four areas, including: personal care, mobility, nutrition, and environment
FAIR & IIIE	 The person receiving care must have a diagnosis; Must have an unpaid caregiver 	Provide care & activities for individuals with Alzheimer's disease or a related dementia; and give family caregivers a break
Medicaid Personal Care	Must have three deficits in areas of daily living; Must have Medicaid card	Perform activities of daily living and instrumental activities of daily living.
Aged & Disabled Waiver Program	 Must first meet the criteria for both financial and medical eligibility; Must have needs in at least five deficits in areas of activities of daily living 	Case Management; Personal Attendant; Skilled Nursing; and Non-Medical Transportation; Personal Emergency Response System provided
VA Program	Must go through VA Program and be referred to PRIDE	Personal care services & help with activities of daily living.

In-Home Services assists the elderly and disabled in achieving activities of daily living. This includes assistance with personal hygiene, nutrition, feeding, and environmental support functions. Additional information about PRIDE's In-Home Services is listed in the chart above.

For more information, contact Carla Lukacs - 304-752-6868 or Carla.Lukacs@loganpride.com.

Senior Services



CAREGIVER

SERVICES

Caring for a loved one who has Alzheimer's disease or a Dementia can be extremely stressful, and caregivers need a regular break from the demands of the job. PRIDE's Family Alzheimer's In-Home Respite (FAIR) Program can help.

- IN-HOME CARE
- DEMENTIA AND ALZHEIMER'S CARE
- RESPITE CARE

Contact Us





Website: www.loganpride.com

Stefanie Dingess is PRIDE's new Senior Services Coordinator. She enjoys sports, coaching, and any free time she can get to spend with her kids and supporting their activities.

Stefanie is thankful to be a part of this program. She says "Our seniors are very important to us, and she enjoys the time and activities she gets to share with them."





Earl Jarvis Senior Enrichment Center 699 East Stratton Street, Logan

Tracy Vickers Community Center 68 Boise Street, Chapmanville

Chapmanville Towers 647 Main Street, Chapmanville

Tuesday & Thursday — Bingocize Friday — Popcorn

For more information, please contact 304-752-6868.



Supportive Services for Veteran Families



Mr. Leo contacted SSVF Coordinator, Eddie Thompson, on Monday, October 28, 2024. They set up an appointment to meet and complete an intake a couple of days later. Mr. Leo explained to Eddie that he had been sleeping in his vehicle in a friend's yard because there was no room for him inside the house. Even though Mr. Leo was hesitant, Eddie convinced him with the cold temperatures coming, it would be safest for him to stay in a hotel. PRIDE's SSVF Program would assist with that cost. Mr. Leo agreed to stay in the hotel until a more permanent placement could be secured. Eddie reached out to a few landlords that have worked with our program, but no one had anything available.

In early November, Mr. Leo found a room for rent in Boone County, but it would not be

available until the beginning of December. The SSVF Program was able to help Mr. Leo stay housed in the hotel until he could move into his new place.

After moving into his new place, Mr. Leo felt like he would be able to manage the rent on his own. Eddie explained to him that he would leave his case open for 90 days in case there was a need come up that he was not expecting. Mr. Leo expressed his gratitude for the assistance provided to him by the SSVF Program. Mr. Leo said if it was not for the SSVF Program; he would have been staying in his truck all that time.

We are glad Mr. Leo found a place and remains stably housed at this time.

PRIDE's SSVF uses a "housing first" approach in assisting Veterans in Logan, Boone, and Wyoming Counties with a range of supportive services designed to promote housing stability and prevent homelessness. The focus is on housing stability, not treatment, with an emphasis on crisis intervention and client self-sufficiency. The program uses proven, cost-effective models to serve tens of thousands of homeless veterans and their families by either preventing their homelessness from occurring in the first place or quickly moving them out of homelessness and into sustainable housing. If you know a veteran that is homeless or at risk of being homeless, please contact PRIDE's SSVF Program.

For more information regarding PRIDE's Supportive Services for Veteran Families Program, please contact Eddie Thompson 304-752-6868.

Weatherization



Ms. Zella was approved for the Weatherization program in September. Upon the initial Energy Audit, it was determined that WRF funding would need to be utilized in order for the home to qualify for Weatherization services. Upon completion of WRF repairs, all required Weatherization measures soon could be completed. Ms. Zella had major air leaks in her ductwork that were causing her heating and cooling unit to be inefficient. Weatherization services provided duct sealing and repair that ensured all heating or cooling would be delivered into her home and not leak outside of the thermal boundary. Other energy saving measures were used, such as but not limited to, wrapping her water heater and air sealing plumbing penetrations underneath. Health and safety measures were also taken to ensure a safe home environment, such as the installation of smoke and CO alarms, wrapping water lines underneath the home, and applying a vapor barrier that will prevent any damage that moisture could cause. The initial blower door, which is a device that measures air leakage, was 2641. Upon completion of Weatherization the air leakage was measured at 1175. A tremendous difference was made in how much energy was being wasted through air leaks. Ms. Zella was very thankful for the Weatherization services completed.

We were glad to help Ms. Zella and will always take PRIDE in what we do. It is an honor to serve our communities.

Important Dates to Remember

March 13 March 14 March 19 March 25 March 28 April 20 April 21—25 April 22 April 28 April 29 May 23	No Head Start/Universal Pre-K No Head Start/Universal Pre-K No Head Start—Logan & Mill Creek Centers PRIDE Board of Director's Meeting—Noon No Head Start/Universal Pre-K Easter Head Start/Universal Pre-K Spring Break Earth Day No Head Start/Universal Pre-K PRIDE Board of Director's Meeting—Noon No Head Start—Logan & Mill Creek Centers
•	
May 28	Last day of Head Start/Universal Pre-K

A VERY SPECIAL
"THANK YOU"
TO OUR
DEDICATED
EMPLOYEES!





Did you know...

Amazon donates to
PRIDE Community Services Inc. when you shop @AmazonSmile.

http://smile.amazon.com/

#YouShopAmazonGives

Choose PRIDE Community Services (#NY927) for your **Kroger Community Rewards**

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Harold Porter

Logan County Magistrate

Lisa Sigmon

Low-Income Sector Representative

Elizabeth Tackett

Private Sector Representative

Dwight Williamson

Senior Advisory Representative

Tonya Williamson

Woodforest Bank

Christopher Workman

Family Court

Dana Wright

Private Sector Representative

Funding Sources

- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. of Energy (DOE)
- Dept. Of Health and Human Resources (DHHR)
- United States Dept. of Agriculture (USDA)
- United States Dept. of Veteran Affairs (VA)
- WV Bureau of Medical Services
- WV Bureau of Senior Services (BOSS)
- WV Community Action Partnership
- WV Department of Education
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- West Virginia Metro Area Agency on Aging (Metro AAA)

Services Offered:

Case Management: The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

Kathy Stidham / Director

Child & Adult Food Care Program (CACFP): Offers food reimbursement and training to in-home family daycare providers.

• Brandi Browning / Director

CSBG (Community Service Block Grant): To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

• Brandi Browning / Director

Family Stabilization Program: Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

Brandi Browning / Director

Head Start: Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

Laura Herndon / Director

Housing Program: Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Emergency Repair and Replacement Program (ERRP) and Weatherization Program.

Stephen Gilman / Director

In-Home Services Program: In-home care services are available by certified homemakers and certified nursing assistants.

Kathy Stidham / Director

Senior Services: Offers services to persons with disabilities and the aging population of Logan County.

Kathy Stidham / Director

Supportive Services for Veteran Families: Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

• Eddie Thompson / Coordinator

Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



Empowering Lives. Strengthening Communities.

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WWW.LOGANPRIDE.COM Visit us on Facebook!

How Can I Help?

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.