



the Shining Star

From the Executive Director's Desk

On December 22, 2017 PRIDE Community Services Senior participants were treated to a special private concert. Mr. Landau Eugene Murphy made a surprise visit to entertain with Christmas songs and distributed CDs to the seniors as gifts. Lunch was served and everyone was so happy to receive such a wonderful gift. Thank you to Landau, his management, and band for visiting PRIDE Community Services.



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The Good Stuff!



PRIDE Community Services, Inc. was selected to receive a grant of new children's books to help the families we serve create word-filled homes and promote reading and learning. The donation was from The Molina Foundation as part of its Launch into Learning national literacy campaign, in collaboration with Community Action Agencies across the United States.

"We feel extremely honored and very much appreciate this gift," said Head Start Director, Candice Mullins. "We care about supporting the success of children and families who we serve. Literacy is the key to progress for our community."

The goal of the Launch into Learning campaign is to provide resources to help children, parents, and caregivers in Logan County to create word-filled homes through reading and learning together.

To learn more about The Molina Foundation, visit their website: www.molinafoundation.org or follow them on Facebook, Twitter (@molinagiving), or Instagram (@molina_foundation).



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For more information, contact Amey Ball at 304-752-6868.

Don't pay to file your taxes.*

***No really, it's free.** You've likely heard the adage, "Nothing in life is certain except death and taxes." Well, thanks to United Way, at least one of those things is easier. United Way partners with industry leader H&R Block to help people easily and accurately file both their federal and state taxes through MyFreeTaxes™. MyFreeTaxes is the only free, online, national tax filing product offered by a nonprofit, because United Way is committed to ensuring that people can easily and accurately file their taxes to receive the refunds they deserve.

- MyFreeTaxes is mobile optimized so anyone can access MyFreeTaxes from their computer, tablet, or smart phone.
- Most filers complete their taxes in less than an hour.
- MyFreeTaxes is completely free for household who earned less than \$66,000 in 2017 — whether you file in multiple states, work freelance or a side gig, or earn investment income.
- If you have questions, IRS-certified specialists are ready to solve any tax conundrum.

Almost a million people nationwide have used MyFreeTaxes, bringing over \$1 billion in refunds back to our local communities.

Child and Adult Care Food Program

Spend a cold day doing a craft!

Fingerprint Heart Valentines' Day Tree: Materials and Tutorial

Items Needed:

- White Cardstock
- Paint – Brown, Red, Pink, Purple (or any color of your child's choosing)
- A Hand!
- Tissue paper
- Pencil



For information regarding CACFP, please contact Missy Avis 304-752-6868.

Supportive Services for Veteran Families



Brad Johnson was a previous client of the SSVF Program. Upon exiting the SSVF program, he had a stable job with a mining repair shop in our area. As the mining industry began to slow down again and he was laid off, and soon found himself in the same place as before. After not having anywhere to go with his family, he contacted the SSVF Program in July 2017 and they determined he was eligible for re-entry into the program. His wife was also about to give birth to their third child and they needed housing immediately. The SSVF Program was able to find him stable housing and referred him to other programs at PRIDE Community Services.

Since Brad was negatively affected by the decline of the coal industry, he was eligible for the BuildJobs Initiative. Soon he will begin the HVAC track of the program.

Pictured is Brad with his family, taken shortly after the birth of their third baby.

Head Start Program



Children from all classrooms in the county performed at the annual Pre-K Showcase at the Chief Logan Convention Center. Parents attended sessions with children presented by the Carnegie Science Center.

Logan Head Start Center classrooms performed Christmas songs for the Senior Program on Wednesday, December 13th. Lorado Head Start Center and the Logan Center visited the Christmas in the Park lights at Chief Logan Park.

The annual Chapmanville East Christmas Party was another huge success. Each year, Mr. Tommy Kirk and the girls and boys middle school basketball teams and cheerleaders at Chapmanville Middle are given the wants/needs of children served in the Chapmanville East Head Start Center, and then these athletes and their families start shopping to ensure the kids have a magical Christmas. This year's event culminated on Tuesday, December 12th at the Chapmanville Middle School gymnasium. The basketball teams and cheerleaders showered children with gifts – everything from electric riding toys and Batman playsets to clothes, remote control cars, and Shopkins. It was a sight to be seen, not only the looks on the three- and four- year old faces, but also watching the compassion exhibited from middle school students. To the athletes, their families, the teachers, PRIDE staff who assisted, businesses who generously donated, Santa and Mrs. Claus, and Tommy Kirk and the rest of the coaching staff – THANK YOU!



BuildJobs Initiative

Boone County native Kaleb Halstead has new skills and more options for his financial future now that he has completed PRIDE Community Service's BuildJobs program. Kaleb will be certified as an HVAC Technician in Training as soon as his application is processed by the West Virginia Division of Labor.

Kaleb had been employed as a diesel mechanic and coal truck driver but was laid off due to the decline in the coal industry. He had heard about PRIDE's BuildJobs program through a family member who had received a program brochure from Project Director Sheila Riddle and then Case Manager Chelsea Anderson during their promotional visit to Barker's Hardware in Danville. After processing his application, Kaleb was placed with PRIDE's partner contractor, Fred Bartley HVAC, also located in Boone County. Mr. Bartley mentored Kaleb during the entire 14 weeks of on the job training and was very impressed by Kaleb's work ethic. Mr. Bartley stated, "Kaleb is a worker!"

The BuildJobs Initiative provides on-the-job training to laid off coal miners and others who are economically affected by the decline in the coal industry, in trade areas such as plumbing, electrical, HVAC, welding, and residential construction. The program is 16 weeks in duration and free to participants. There is an application process that includes drug testing and a background check and each participant must have a valid driver's license and Social Security card.

PRIDE Community Services Buildjobs Initiative serves Boone, Lincoln, Logan, Mingo and Wyoming counties in West Virginia. Participants must reside in one of these five counties but can train in other counties.

Toward the end of Kaleb's on the job training, he received a call offering him a coal truck driving job. He readily accepted the position and has been working full time since but that is not the end of the story. Because Kaleb completed PRIDE's BuildJobs program, he now has the

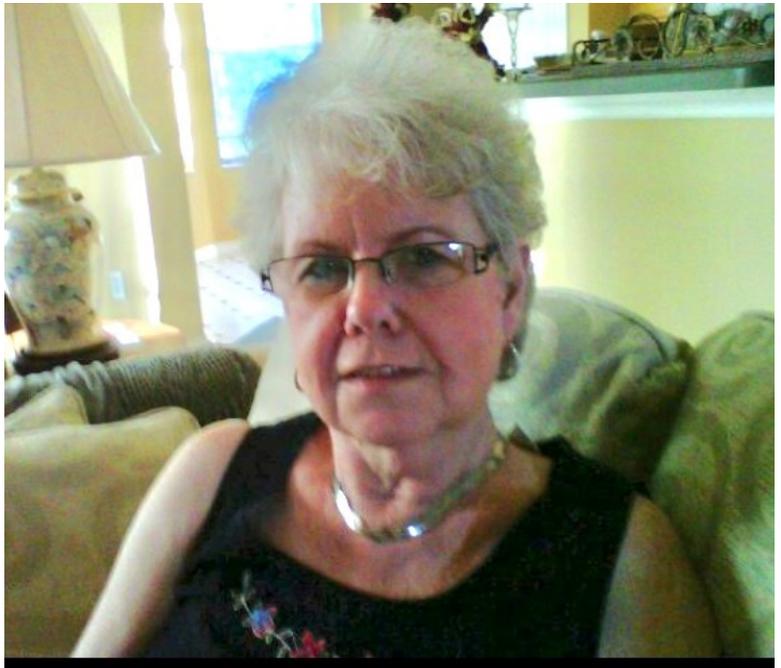
skills to install and service HVAC units on weekends for additional income. If Kaleb should find him in a situation where he is laid off again, he can always install and service HVAC units on a full time basis. Because of PRIDE Community Service's BuildJobs program, Kaleb changed the outcome of his future from the possibility of having no job to knowing and feeling secure in the fact that he has solidified his economic future by completing the HVAC Technician in Training program through PRIDE Community Service's BuildJobs program.



In-Home Services Program

In-Home Services assist the elderly and disabled in achieving activities of daily living including assistance with personal hygiene, nutrition, feeding, environmental support functions and health related tasks. The In-Home Service programs include Lighthouse, FAIR, III-E, Medicaid Personal Care, Medicaid Aged and Disabled Waiver and Medicaid Aged and Disabled Waiver Case Management. Personal Care services are medically necessary activities or tasks ordered by a physician, which enable people to meet their needs in their homes rather than on an inpatient or institutional basis. Participants must have a Medicaid card and a Medical Necessity Request sent to WV's Administrative Services Organization, KEPRO for evaluation. Lighthouse is a program for people 60 years and must pay according to a sliding fee scale. FAIR and III-E are respite programs for people with Alzheimer's or related Dementia. The FAIR program also has a sliding fee scale. III-E doesn't have a sliding fee but members are given the opportunity to cost share. The Aged and Disabled Waiver program currently has a waiting list. Someone interested in applying for the program must have a Medical Necessity Request submitted to KEPRO for placement on the waiting list.

Lou Ann Collins, 79 years of age has been an employee of PRIDE since March 2014. She retired from Chase Bank in 2010 after 32 years of service. She also worked at Gene's IGA in Logan for 5 years prior to her employment at Chase. Lou Ann is a member of Corner Stone church at Whitman, WV and has four children, six grand children, and six great grand children. She enjoys working for PRIDE, stating PRIDE is easy to work for and very cooperative. They are understanding and compassionate about the workers and client's needs. She states one of her biggest accomplishments is to be able to work with no bad illnesses. "I've been blessed in life to



be 79 years old and still able to go out and help people." She says her clients treat her like she is family and it gives her satisfaction to know she's needed to take care of someone, be a friend and companion. Lou Ann works with three members of PRIDE and they all speak highly of her. One participant stated "I love her. She does a fantastic job and is a good religious person." "She treats people with respect. PRIDE couldn't have sent anyone better and she feels like family." Another participant states, "love her to death. She is the best. She does everything and works hard. She goes above and beyond." With Lou Ann she feels that she not only gets attention but a companion and looks forward to her coming on a daily bases. Her third client says "there is no worker better. She feels like one of the kids." PRIDE's In Home Services department would like to thank Lou Ann for a job well done!!

Human Resources Department



On Friday, December 1, 2017, all PRIDE staff met at the Word of Life Church for our Annual Winter Conference. It was a beautiful day filled with lots of games, prizes, and interaction with guest speakers and employees. Each employee was given a \$25 Wal-Mart gift card and a PRIDE Community Services sweatshirt as an appreciation for all their hard work throughout 2017.

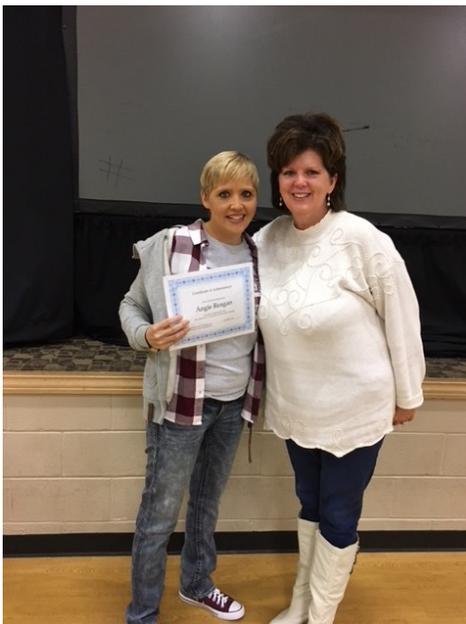
An ice breaker game was played at the beginning of the conference where employees threw marshmallows at each other to relieve the stress felt throughout the year. At the end, whoever picked up the most marshmallows won a prize. There were lots of laughs and interaction during this game.

Updates were given and questions were answered by each department head from all programs. A delicious lunch was prepared by Hatfield's Market. Throughout the day, employees were given chances to win great prizes and gift cards for local restaurants.



At the end of the day, several large prizes such as a flat screen TV, a vehicle backup camera, a kindle fire, a fireplace, shop vac, charging station, George Foreman grills, \$50 Wal-Mart gift cards, electric blankets, a fax and printer, Keurigs, and other great prizes were won by employees. Our Executive Director, Lisha Whitt, drew tickets out of a drawing that the employees filled out upon arrival.

It was a great day had by all, and we look forward to what 2018 has in store for PRIDE Community Services and our employees.



Emergency Services Program

Basic Principles of Financial Management

Organize Your Finances

Organizing your finances is the first step to creating wealth. Credit cards, bank accounts, personal loans, brokerage accounts, mortgages, car loans and retirement accounts should be tracked. Budgeting software can provide complete solutions to track all such accounts, make on-time payments and more. Jeff Morris, a certified public accountant in Bethesda, Maryland, points out: "Once you enter your accounts and balances into budgeting software, you will be able to spend less time getting organized and more time making sense of your situation."

Spend Less Than You Earn

Personal financial software provides powerful tools to help you track and budget you're spending and take steps to achieve your long-term goals. If you learn to track your finances and know where you spend the most, you'll be able to control your money. "The best way to ensure that you either overcome debt or avoid it in the first place is to never spend more than you make," Morris says.

Limit Debt to Income-Producing Assets

With credit cards and car loans, every penny you spend to repay that debt is money flushed down the drain. All but a few models of cars depreciate to zero and require more in repairs and finance charges than can be reasonably expected to be returned to the owner upon being sold. Morris explains, "With their ultra-high interest rates, credit cards utilized to buy household goods and clothes that quickly wear out are bad bargains. If you have to be in debt, stick to financing items that retain their value over time, like real estate and education."

Understand Risk

The key to understanding return on investments is that the more you risk, the better the return should be. This is called a risk-return trade-off. Investments like stock and bonds that have a higher rate of return often have a higher risk of losing the principal that you invested. Investments like certificates of deposit and money market accounts with a lower rate of return have a lower risk of losing principal. Since no one knows the future, you cannot be 100 percent sure any investment will do well. Morris explains, "If you diversify your investments, one can go sour without severe impact to your overall portfolio."

Pay Attention to Taxes

Financial planning software helps you manage your tax information. For example, Quicken quickly analyzes taxable investments and provides powerful organizing tools that make year-end tax filings go much smoother. Morris emphasizes, "We all know that any money you make is going to be taxed. That is why it is important to consider the related tax implications for every investment."

Plan for the Unexpected

Despite your best efforts, you'll face unforeseen emergencies. Morris urges, "Save enough money and stock up on insurance to be able to weather extended unemployment, accidents, catastrophic medical care, large car or house repairs and natural disasters." Increasing the amount of money you save when times are good can help you manage the cost impact of hedging against bumps in the road, making sure unexpected financial exposure does not derail your long-term goals and your family's financial security.

Weatherization



Ms. Jeffery contacted the Weatherization Program from her hospital room. Ms. Jeffery was upset that her heating system was not operational and that it most likely contributed to her being sick. She had explained that she was forced to close off all her bedrooms and was heating the remainder of her home with a space heater and an oven. She had a furnace/air conditioning system in which both units were not working. She stated to us that she had the air conditioner worked on, but with the refrigerant line leak it could not be refilled. Due to Summer getting ready to end, Ms. Jeffery decided that her best option would be to wait until the following summer and replace the unit when



she had the funds to do so. However, winter arrived and Ms. Jeffery soon found that her furnace was no longer working either. As a temporary fix she purchased a space heater and used it along with her oven to heat her home. Ms. Jeffery toughed it out until she became sick with pneumonia and was hospitalized. The Weatherization crew visited the home and completed an audit to determine the best course of action to make her home comfortable and efficient. As the largest problem was her heating system, we replaced it with a new, more efficient unit. Along with replacing the heating and cooling system, her home was air sealed using caulk, two part, and can foam. Doing this allows the conditioned air to stay in her home longer, which reduces the load on the heating and cooling system and ultimately saves her money.

After the weatherization measures were completed to Ms. Jeffery's home, she stated her home was very comfortable and she was very thankful for all the work we had done. The Weatherization crew was pleased to hear that we were able to help and allow such a nice lady to be safe and comfortable in her own home.



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Head Start Policy Council

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Funding Sources

- United States Dept. of Agriculture (USDA)
- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. Of Health and Human Resources (DHHR)
- Dept. of Energy (DOE)
- WV Bureau of Senior Services (BOSS)
- West Virginia Metro Area Agency on Aging (Metro AAA)
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Office of Economic Opportunity (WV OEO).
- WV Bureau of Medical Services
- WV Dept. of Education
- WV Housing Development Fund
- United Way of Central West Virginia
- Appalachian Regional Commission

Services Offered:

Aging Program: Offers services to persons with disabilities and the aging population of Logan County.

- Amey Ball / Director

BuildJobs Initiative: Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Sheila Riddle/ Director

Case Management: The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

Child & Adult Food Care Program (CACFP): Offers food reimbursement and training to in-home family daycare providers.

- Missy Avis / Monitor

CSBG (Community Service Block Grant): To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Coordinator

Family Stabilization Program: Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

Head Start: Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

Housing Program: Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

In-Home Services Program: In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten/ Director

Supportive Services for Veteran Families: Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



Empowering Lives. Strengthening Communities.

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WE'RE ON THE WEB!
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Visit us on Facebook!

How Can I Help?

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.