



the Shining Star

Employee Appreciation Event

On Friday, June 2, 2017, our agency staff gathered on the parking lot of the McDade Center to enjoy our annual Employee Appreciation Event. It was a very hot, but beautiful day. All seemed to enjoy the delicious food, fellowship, games, and most importantly, the prizes and appreciation gifts. Every employee received a lunch box/cooler with the PRIDE logo on it.

Each employee who has been with our agency for 5 or more years were given a certificate and a Wal-Mart gift card which varied in amounts depending on the number of years of service. The amounts varied from \$25.00 to \$150.00. This was a new appreciation gift that started this year under the direction of our new Executive Director, Lisha Whitt.

Gift cards were also given to the winners of our annual Cornhole game. Representatives from BB&T Bank were on hand to speak with our staff about BB&T at Work and all the incentives for our employees who bank with them.

A great time was had by all, and we are looking forward to next year and all the great things to come.



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Aging Program

The Seniors at PRIDE Community Services are enjoying a summer full of outings and activities. They went to the Milton flea market in May. It was an adventure seeking out all of the great items to purchase. May also brought the Mother's day luncheon. The Mothers enjoyed gifts and festivities. June was our Father's day luncheon and all of the dads had a great time. Also in June, we celebrated our annual picnic at Chief Logan Park, with lots of games, prizes and great food. It was a huge success. In July, the seniors had the opportunity to visit Blennerhassett Island. The itinerary consisted of taking a sternwheeler boat to the mansion, horse and buggy ride, viewing the mansion and lunch at Golden Corral. They all had a blast!

The Seniors are enjoying daily lunches at McDade Hall and Chapmanville Towers. Most of all they enjoy the fellowship, good food and activities.



Child and Adult Care Food Program

Throughout the years the Child and Adult Care Food Program has helped many families provide healthy, nutritious meals to children in day care homes. Tamra Messer was babysitting her niece and nephew in the evenings so her sister-in-law could attend college classes in order to become a teacher. While being a teacher herself, Tamra saw a CACFP flyer that was handed out to the children in her school. She thought she may be eligible for the program and it may help provide the children more nutritious meal



choices. Tamra contacted PRIDE about the CACFP. She was then enrolled in the program. It has been four years since that initial call. Tamra is happy she gets to spend the evenings with her niece and nephew, while providing them with a nutritious meal. Tamra is grateful for the meal reimbursement and the nutritious meal advice that is given to each provider through the CACFP.

A deliciously balanced blend of crisp Cameo apples, celery, raisins, chicken breast and Greek yogurt-based dressing, served over a bed of lettuce. (**Makes:** 4 Servings)

Ingredients

- 2 red apples (such as Cameo Apples)
- 2 celery stalks (diced)
- 2 chicken breasts (skinless, cooked, diced, about 2 cups)
- 1/4 cup plain non-fat Greek yogurt
- 1/2 cup raisins
- 1/4 cup mayonnaise
- 1/4 teaspoon salt
- 1/8 teaspoon ground black pepper
- 16 lettuce leaves (Bibb, Romaine, green or red leaf)



Apple and Chicken Salad

Directions

1. Cut apples in quarters; remove core and chop.
2. In a medium size bowl, mix all ingredients, except lettuce.
3. To serve, arrange lettuce on serving plates top with apple and chicken salad.

Head Start Program

May

PRIDE Community Services, Inc. Head Start classrooms wrapped up the school year in May 2017. Head Start and Universal Pre-K children ended the year with an average attendance rate of 87% across a total of 24 classrooms county-wide.

Final Parent Teacher conferences were held in the month of May, with ELRS averages for the third assessment period (one a scale of 1-5). This chart (right) displays third assessment averages for our Head Start program.

Domain	Average for 3 rd assessment period
Math/Science	3.77
SE/Social Studies	4.38
LA/Literacy	3.98
Physical Health/Development	4.49

June

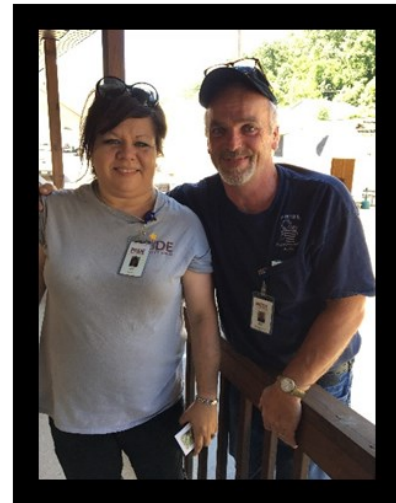
Staff ended the school year with an Employee Appreciation Picnic. The picnic featured guest speakers from BB&T, employee service recognition, food, and a corn hole tournament.

July

The remainder of June and July consisted of intense professional development and program planning for the upcoming school year. Professional development sessions attended included: New Director Mentorship Initiative in Los Angeles, CA; ACDS Instructors Academy in Beckley, WV and Parkersburg, WV; Coaching Leadership Academy in Charleston, WV; Data Plans in Charleston, WV; CLASS training in Charlotte, NC; WIPFLI training Las Vegas, NV; ROMA training in VA; and ChildPlus training in Logan, WV. We kick off the new school year in August and look forward to returning faces as well as the welcoming of new faces.



Cornhole champs
(Head Start staff):
Jennifer Bostic and
Chanda Elkins



Cornhole runner-ups:
Kelli Hensley
(Head Start staff),
and Steve Gilman

Supportive Services for Veteran Families

The SSVF Program became affiliated with Walt when we discovered he was staying in a building on the hill in Davin WV. His (soon-to-be) landlord, Robert Frazier, had told the SSVF Coordinator, Eddie Thompson that Walt had asked him about a house for rent. Soon after, Mr. Thompson found the building where Walt was staying and conducted an intake interview on him. Mr. Thompson found out that Walt was a Veteran and qualified for SSVF assistance.

The SSVF Program was able to get him in a house that Mr. Frazier had for rent, and helped get his water and electricity hooked up for him also. He is stable in home now and doing good. Walt is a nice man with a lot of pride and dignity. He was grateful for the services that had been provided to him.

Walt has since completed his requirements, and was exited out of the program in July 2017. We consider it an honor to help this Veteran.



Supportive Services Available:

- Outreach services
- Case management services
- Assist participants in obtaining VA benefits
- Assist participants in obtaining and coordinating the provision of other public benefits provided by Federal, State, or local agencies, or any eligible entity in the area, which may include: health care services; fiduciary and payee services; daily living services; legal services; personal financial planning services; child care services; transportation services and housing counseling services
- Provide time-limited payments to third parties (e.g., landlords, utility companies, moving companies, and licensed child care providers) if these payments help Veteran families stay in or acquire permanent housing on a sustainable basis.

If you or someone you know is in need of these services, please contact Eddie Thompson at 304-752-6868 or eddie.thompson@loganpride.com

In-Home Services Program

Keshia Wooten began her career at PRIDE Community Services in August 2016. Keshia has an associate's degree in Nursing and Health care Professional. She also has a certificate in phlebotomy and medical lab assistant. She currently works at Logan Regional Medical Center and under the Medicaid Personal Care program at PRIDE Community Services for member Randy Adkins.

Mr. Adkins called PRIDE at the beginning of 2016 in need of services. He was diagnosed with cancer on his birthday in 2015. Mr. Adkins was never married or had children. His closest relatives have passed away leaving him with no other help. At the time of his call to PRIDE we did not have an available worker in the area. We called other agencies and no one was able to place him. We immediately hung flyers in search of a worker. Shortly after, Keshia called regarding the position. At the time she was working at the local post office and said she knew Mr. Adkins and that he lived close to her. Keshia was placed with Mr. Adkins and has been his worker for a year. Keshia states she enjoys helping people and being able to take care of Mr. Adkins has made them very close. Keshia has went above and beyond her job duties with Mr. Adkins. She takes her own time to take Mr. Adkins to his doctor appointments and to the store. She says "I take him everywhere. I am all he has."



While he's in the hospital she visits every-day no matter what hospital he is at. Keshia says she has tried to fulfill his bucket list which is things he says he would like to do. Some of the things that they have done include: Kings Island, two different water parks, New River Gorge, aquarium, zoo, Dollywood, where he got to meet Dolly Parton and said that she came all the way to Tennessee just to meet him. She takes him to church on Sundays where her husband preaches. Mr. Adkins wanted to be baptized so one day after taking him kayaking Keshia's husband baptized him. She says the next trip is to the beach, as soon as he

gets well enough to go. Keshia says Mr. Adkins is a great artist and has won many awards for his art. He likes making everybody laugh no matter how serious things are. Mr. Adkins is very friendly and never meets a stranger. She says "He tells everyone I'm his best friend."

From the time this article was written Mr. Adkins has since passed away and won his battle with cancer on July 31, 2017. This article is in thoughtful tribute to his memory. He was a great man and will be missed by many.

Mr. Randy Adkins

Nov. 2, 1956 – July 31, 2017

Human Resources Department

PRIDE Community Services is excited to welcome...



Andrea Browning is the new Accounting Clerk for the Finance Department. She resides in Man, WV. Ms. Browning is a graduate of Marshall University with a Bachelor's Degree in Accounting and Management Information Systems.

Andrea is excited about starting her career at PRIDE and looking forward to the journey. She enjoys spending time with her family and taking road trips. Ms. Browning attends Davin Baptist Church where she is an active member and loves to be involved with the community.

Chelsea Anderson is the new Case Manager for the BuildJobs Initiative. She is originally from Madison, WV, but moved to Logan last year.

Ms. Anderson is a graduate of West Virginia State University, and currently, working on her master's degree from Liberty University. Chelsea says in her free time, she enjoys traveling to new places. Ms. Anderson states she is excited to begin her career with PRIDE and kick start the BuildJobs Initiative.



Emergency Services Program

CONSERVING ENERGY COSTS IN YOUR HOME WHEN COMPLETING DAILY CHORES

Washing:

- ◇ Set your water heater to a lower setting or call a service person to adjust it for you.
- ◇ Put an appropriate insulation blanket around your water heater.
- ◇ Run your dishwasher without the "drying cycle" and just let dishes drip dry.
- ◇ Do full loads when you use clothes washers and dishwashers.
- ◇ To reduce the amount of dishes to wash, label the bottom of cups and mugs with family member's names.
- ◇ Reduce the amount of towels to wash by labeling towels or hooks.
- ◇ Choose cold or warm cycles over hot cycles because heating the water for laundry consumes 90 percent of the energy of the laundry process.

Drying:

- ◇ Hang your clothes to dry either on a clothesline or a clothes tree, at least some of the time. In the winter, this is a natural humidifier in a dry room.
- ◇ Reduce ironing time by taking clothes out when they are slightly damp and hanging them up, or right away when the clothes are dry. If you get to the dryer too late, you can put a damp towel inside and run the dryer for a few minutes to get the same effect.
- ◇ Empty the lint trap after each use of the dryer.
- ◇ Dry light and heavy clothing separately for maximum efficiency.
- ◇ To make room for drying clothes, buy an expandable shower curtain rod and put it in the shower. Hang clothes on hangers.
- ◇ Install a dryer vent hood where your dryer discharges to the outside to reduce the amount of heat escaping from this hole.

If you or someone you know is in need of PRIDE's Emergency Services program, please contact Brandi Browning at 304-752-6868 or brandi.browning@loganpride.com.

Weatherization

Weatherization Measures

MECHANICAL

- Clean, tune, repair, or replace heating and/or cooling systems.
- Install duct and heating pipe insulation.
- Install programmable thermostats and other HVAC controls.
- Repair/replace water heaters.
- Install water heater tank insulation.
- Insulate water heating pipes.
- Install solar water heating systems.

HEALTH & SAFETY

- Install smoke and carbon monoxide alarms.
- Repair/replace vent systems, to ensure combustion gas draft safely outside.
- Install mechanical ventilation to ensure adequate indoor air quality.
- Perform incidental safety repairs when needed.

BUILDING SHELL

- Insulation for walls, floors, ceiling, attic, foundation.
- Blower Door Testing
- Repair/replace/primary windows and doors.
- Install storm windows/doors.
- Install window trim/solar screens/window louvers and awnings.
- Repair minor roof and wall leaks prior to attic or wall insulation.

ELECTRIC BASELOAD

- Install motor controls.
- Install CFLs.
- Replace refrigerators with energy-efficient refrigerators.

Weatherization returns \$2.78 in non-energy benefits for every \$1.00 invested in the Program.

(National Evaluation, Congressional Briefing July 2015)

If you or someone you know is in need of PRIDE's Weatherization services, please contact James Vance at 304-752-6868 or james.vance@loganpride.com.

Important Dates to Remember

August 10	Head Start Staff Return
August 21	Parent Orientation
August 25	Policy Council Meeting—10:30 AM
August 28	Board of Director's Meeting—Noon
August 28/29	Head Start/Pre-K First Day of School
September 4	PRIDE Closed/Labor Day
September 7	Self-Assessment Team Meeting—10:00 AM
September 22	No School/ECPBIS Training for Teaching Staff
September 25	Board of Director's Meeting—Noon
September 29	No School/Professional Development Day
October 9	PRIDE Closed/Columbus Day
October 13	No School/ECPBIS Training for Teaching Staff
October 17	Two-hour early release
October 27	No School/Professional Development Day
October 30	Board of Director's Meeting—Noon

Lunch Served Daily
Earl Jarvis Senior Enrichment Center
699 East Stratton Street, Logan

COME JOIN US!

Tuesdays and Thursdays at 11 am—Healthy Steps Exercises
Tuesdays and Thursdays—BINGO
Fridays—Popcorn and Movie

Did you know...

Appendix 1: Data Collection and Data Management

Amazon donates to Pride Community Services Inc. when you shop @AmazonSmile. <http://smile.amazon.com/ch/55-6025609> #YouShopAmazonGives

Choose PRIDE Community Services for your **Kroger Community Rewards**

Board of Directors

Jeff Valet / President

Valet & Associates

Steven Hall / Vice President

LEAD Organization

Howard Jemerison / Treasurer

Low-Income Sector Representative

Erica Cook / Secretary

Attorney

Donna Williams/Member-at-Large

Low-Income Sector Representative

John Turner

Logan County Clerk

Dwight Williamson

Logan County Magistrate

Angela Dingess

Head Start Policy Council

Ted Ellis

Logan County Commission

Kathleen Mounts

Early Education Advisor

Lois Moses

Head Start Policy Council

Serafino Nolletti

Mayor Town of Logan

James Fisher

Senior Advisory Council

Jennifer Lucas

Low-Income Sector Representative

Judge Christopher Workman

Family Court

Funding Sources

- United States Dept. of Agriculture (USDA)
- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. Of Health and Human Resources (DHHR)
- Dept. of Energy (DOE)
- WV Bureau of Senior Services (BOSS)
- West Virginia Metro Area Agency on Aging (Metro AAA)
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Office of Economic Opportunity (WVOEO).
- WV Bureau of Medical Services
- WV Dept. of Education
- WV Housing Development Fund

Services Offered:

Aging Program: Offers services to persons with disabilities and the aging population of Logan County.

- Amey Ball / Director

Case Management: The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

Child & Adult Food Care Program (CACFP): Offers food reimbursement and training to in-home family daycare providers.

- Lori Hartman / Coordinator

CSBG (Community Service Block Grant): To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Coordinator

Family Stabilization Program: Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

Head Start: Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

Housing Program: Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

In-Home Services Program: In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten/ Director

Supportive Services for Veteran Families: Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



Empowering Lives. Strengthening Communities.

PRIDE Community Services
699 E. Stratton St.
Box 1346
Logan, WV 25601
Phone: (304)752-6868
Fax: (304)752-1047
E-mail: pride@loganpride.com

WE'RE ON THE WEB!
WWW.PRIDEINLOGAN.COM
Visit us on Facebook!

How Can I Help?

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.