



# the Shining Star



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## More Than Just a Meal

Mr. Kenneth is a volunteer at PRIDE's Earl Jarvis Enrichment Center in Logan. He comes in daily to help around the center, enjoy a meal and to visit the senior participants. He often says if wasn't for PRIDE he would have nothing to eat.

Mr. Kenneth is a diabetic and recently had shoulder surgery. When Mr. Kenneth did not call or arrive at PRIDE after his surgery, the staff members became very concerned. There were multiple attempts to pick him up all week, but there was no answer at his door. His truck remained outside his home for several days. Because of the relationships developed with our volunteers and participants, the Director of Aging, Amey Ball knew he frequented a local restaurant for breakfast. After contacting that establishment, they stated he had not shown up in a few days either.

Ms. Ball contacted the state police and asked if they could complete a well check. PRIDE's Supportive Services Coordinator, Eddie Thompson met the police at Mr. Kenneth's home. Eddie and the officer arrived at Mr. Kenneth's home around the same time. Once able to gain access to the home, Mr. Kenneth was found going in and out of consciousness; however, he was aware of who Eddie was. His legs were severely swollen, he had a high temperature, had not eaten and was very ill. Mr. Kenneth was transported to Logan Regional Medical Center by ambulance, and then moved to Charleston Area Medical Center for further treatment.

Mr. Kenneth has since recovered and returned to PRIDE to volunteer. He was very appreciative of the staff at PRIDE and thankful for the relationship he's established here. Mr. Kenneth expressed his gratitude for the care of PRIDE's staff members and the initiation of the well check.

Each person who visits our centers is an important part of the PRIDE family. Staff members take notice when volunteers and participants are not seen or heard from as expected. This part of the relationship built between PRIDE, our volunteers and participants.



# Aging Program

PRIDE held its first annual Senior Sock Hop in July. The seniors traveled back in time and celebrated while dancing and participating in various activities! Seniors dressed to fit the occasion and danced to fifties music. There was a hula hoop and best dressed contest, and a trivia game was played. Dorothy Baisden won the 50s trivia. Rose Miller won the hula hoop, contest outlasting any competitor who dared to try the hula hoop. Anna Lester won the best dressed, wearing a beautiful pink poodle skirt, black lettered sweater with pearls.

As the seniors enjoyed their luncheon, root beer floats were served with desserts. Everyone expressed how much fun they had and reminisced about all the dances they attended. PRIDE Senior Services always strives to provide a nutritious meal to our seniors while having a little fun! It is vital they exercise their minds, as well as their bodies. We look forward to many more good times!





# Child and Adult Care Food Program

## BAKED CHEESY ZUCCHINI BITES

### INGREDIENTS:

1 1/2 cups packed shredded zucchini (no need to peel the zucchini)

1 large egg, lightly beaten

1/4 – 1/2 cup shredded sharp cheddar cheese

1/4 cup panko or regular bread crumbs

1/4 teaspoon dried basil (or 1-2 teaspoons fresh)

1/4 teaspoon garlic powder

1/4 teaspoon salt

1/8 teaspoon pepper

### DIRECTIONS:

- ⇒ Preheat the oven to 425 degrees F. Line a rimmed baking sheet with parchment paper and lightly coat with cooking spray or lightly grease an unlined baking sheet.
- ⇒ Place the shredded zucchini in a clean kitchen towel and wring out all the excess water over the sink until the zucchini is really dry.
- ⇒ Place the zucchini and remaining ingredients in a medium bowl and mix until combined.
- ⇒ Drop the mixture by tablespoonful on the prepared baking sheet and lightly press the mounds with your hands to flatten slightly.
- ⇒ Bake for 16-20 minutes until the edges are golden.



# Head Start Program

A few of the Head Start activities in the month of May included: Completion of 2<sup>nd</sup> semester of ACDS, Pottery event, STEM activities, Family Fun Day, and End of School Year celebrations. Head Start children attended two days in the month of June and then went on summer break. Children will return to school August 23<sup>rd</sup> and 24<sup>th</sup>.

Head Start Management staff working in July completed enrollments and planned for the upcoming program year. Education Manager, Marlene Crawford, attended at CPI Train the Trainer program, which will allow her to train Head Start staff on how to safely and properly restrain children who are harming themselves or other children. Chanda Elkins (Family Development and ER-SEA Manager) and Candice Mullins (Head Start Director), attended the NHSA Managers and Directors Conference in Louisville, KY to prepare to write the upcoming five year grant application.

*Andrea and Drew Bryant take home a bicycle as their prize during the Silent Auction.*



*Stephanie Estep and her daughter Avery bring home a grill as their prize from the Silent Auction.*



*Lindsay and James Paugh take home a tablet as their prize during the Silent Auction.*



*Staff from PRIDE Community Services Head Start, Living Waters, and Totally Kids successfully complete the second semester of ACDS.*

# Supportive Services for Veteran Families

Recently, SSVF Coordinator, Eddie Thompson met with Mr. Larry Prince. Mr. Prince was living in a camper in a relative's yard, with no running water or sewage. Mr. Prince suffers with a lot of health issues and was in need of help. After some discussion, it was found that he was eligible for the SSVF Program. Due to Mr. Prince enrolling in the service in Martinsburg WV, it took a little time to track down his DD214. Eventually it was discovered that the VA in Huntington had a copy, so this was able to speed up the process of getting benefits for Mr. Prince.

Once a copy of the DD214 was received, Mr. Thompson was able to find an apartment quickly for Mr. Prince. He is now stably housed and gives thanks to God first and foremost. Mr. Prince said he's thankful for PRIDE and the SSVF program. Mr. Prince stated he doesn't know what he would have done had it not been for this program.



*If you or someone you know needs assistance through our Supportive Services for Veteran Families Program, please contact Eddie Thompson 304-752-6868.*



# In-Home Services Program

In Home Services assist the elderly and disabled in achieving activities of daily living including assistance with personal hygiene, nutrition, feeding, environmental support functions. The In Home Service programs include: Lighthouse, FAIR, III-E, Medicaid Personal Care, Medicaid Aged and Disabled Waiver, Medicaid Aged and Disabled Waiver Case Management, and VA Personal Care. The Lighthouse program provides support with personal care, mobility, nutrition, and environment. To be eligible an individual must be 60+ years of age, meet medical eligibility based on an evaluation completed by the agency RN, and financially eligible, determined by a sliding fee schedule. The FAIR and III-E program is designed to provide care and activities for individuals with Alzheimer's disease or a related dementia and give family caregivers a needed break. To be eligible for these programs the person receiving care must have a diagnosis and there must be an unpaid caregiver. Medicaid Personal Care program is available to assist an eligible member perform activities of daily living and instrumental activities of daily living in the member's home. To be eligible for PC services, members must have three deficits and have a Medicaid card. The Aged and Disabled Waiver program is an in-home care program for individuals who meet the nursing home eligibility level of care, but want to stay in their own home. Aged and Disabled Waiver services includes case management (a licensed professional who assesses and identifies your needs, helps you plan for your care, and advocates for and connects you with services and resources in the community), personal attendant (a trained care provider who assists with personal care, nutrition, and other personal care needs), skilled nursing (a registered nurse assesses your need and supervises the care receive from the personal attendant), and non-medical transportation

(transportation to community activities and essential errands). In order to be eligible, an individual must have needs in at least five areas of activities of daily living. To receive ADW service, an individual must meet the criteria for both financial and medical eligibility. To be eligible for the VA Personal Care a person must be referred by the VA Center.



## Job Well Done

Brittany Osborne has been employed with PRIDE since June 2017. Brittany's client is a participant of the FAIR program. Her client says that Brittany is like one of her daughters. The client's family say it's good to have someone different than family coming in to interact with her with her on a daily basis. Brittany does a great job interacting with her client and doing activities that the client enjoys. Brittany is always willing to take on other assignments as needed.

Thanks for all you do Brittany!

# BuildJobs Initiative Program

Noah Marcum knows being unemployed can feel hopeless and scary when a family's welfare is involved. But Noah won't have to feel that way again since he completed the BuildJobs program.

Noah was the first person to inquire about the BuildJobs program in August 2017. In fact, he was the first applicant to the program. Having done residential repair jobs over the years, he selected residential contracting as his trade of interest. He trained with PRIDE Community Services and with partner contractor Ellis Construction of Accoville, West Virginia for 14 weeks. He learned all facets of residential contracting and he obviously enjoyed it. He would stop by the BuildJobs office from time to time to let the staff know how it was going and would often tell everything he got to do that day in training.

Noah is married to wife Ashley, and they have two daughters, Madison and Sophia. They reside in the Harts area of Logan County. He has worked at cutting trees, supplying water and in the auto parts industry. After completing the BuildJobs program and successfully completing the Business & Law exam, Noah returned to doing home repairs but recently took a position as an auto mechanic at Riverside Exhaust & Auto Repair in Chapmanville, West Virginia. If Noah should find himself without full time employment, he can always use his new skills in the residential contractor trade without hesitation. Because of PRIDE Community Services' BuildJobs program, Noah has laid the foundation for a solid financial future for him and his family.

The BuildJobs Initiative provides on-the-job training to those who have been economically affected by the decline in the coal industry, in trade areas such as plumbing, electrical, HVAC, welding and residential construction. It is a 16-week program which includes 14 weeks of on-the-job training. The program is free to participants.

**If you are  
interested in the  
BuildJobs  
Program,  
please contact  
Sheila Riddle or  
Anthony Sheppard  
304-752-6868.**





# Emergency Services Program



Like many people in Logan County, Connie Isaacs lives on a fixed income. She can barely afford to pay her monthly bills and purchase food. Connie contacted PRIDE one day asking for assistance with her power bill. She had received a termination notice and was unable to pay the extra bill. While speaking with Connie, the CSBG Coordinator began to understand that Connie simply paid her monthly check out in bills and food and had no money for “extras”. After completing the United Way Application, other programs were reviewed to check her eligibility for those also. Once the application was approved and the termination notice was paid, Connie was very thankful for the assistance. She was very appreciative of the help she had received.

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## Human Resources Department

Please welcome Anthony Sheppard to our PRIDE family. Anthony began his employment with us on May 2, 2018. Anthony is the son of David and Tena Sheppard of Chapmanville, WV. He is a 2001 graduate of Truthway Christian Academy. He graduated in early 2006 from West Virginia State University with a B.A. degree in English. He also holds an Associate’s Degree in General Education from Southern WV Community and Technical College. He is a life-long native of Logan County.

Before joining PRIDE’s BuildJobs Program as Training Coordinator, he worked for Civitas Media for ten years, beginning in advertising sales for the newspapers in Southern WV, before being promoted to Advertising Manager. He has twelve years of sales, marketing, public relations, and customer service experience and has cultivated business relationships with a majority of business owners and community organizations in Southern WV. He has enjoyed his time working for PRIDE in the BuildJobs Program and enjoys helping the participants of the program obtain useful credentials to obtain long-term employment and better support their families.





# Weatherization

PRIDE Community Services, NHEP (No Heat Emergency Program) is a great program that can help many families struggling to keep their homes warm. PRIDE Community Services recently received additional funding for the NHEP Program and have been able to help many people with their heating issues. To qualify for the program, you must be below or at the 150% poverty rate (see guideline below). To obtain an application for this program, you may contact PRIDE Community Services or your local DHHR office.

PRIDE Community Services Weatherization Program was also recently given an increase in funding to help additional people lower their energy costs. The Weatherization Program is currently funded by two sources: DOE (Department of Energy) and DHHR (Department of Health and Human Resources). The weatherization program will weatherize your home by adding insulation if needed, and sealing any holes to stop air leaks. A tool called a blower door is used to find the leaks in your home and stop them, in turn warming your home and lowering your utility bill. For this program, your income must be at or below the 200% poverty level (see guideline below).

To obtain a weatherization application, please feel free to stop by PRIDE's main office building on Stratton street or online at [www.loganpride.com](http://www.loganpride.com)

Size of family	Threshold	150%	200%
1	12,140	18,210	24,280
2	16,460	24,690	32,920
3	20,780	31,170	41,560
4	25,100	37,650	50,200
5	29,420	44,130	58,840
6	33,740	50,610	67,480
7	38,060	57,090	73,960
8	42,380	63,570	84,760

### **Important Dates to Remember**

August 20	ACDS Class 3rd Semester Begins
August 21	National Senior Citizens Day
August 22	Head Start/Pre-K Orientation
August 23	First Day of School for 1/2 Students
August 24	First Day of School for Remaining 1/2 of Students
August 27	Board of Director's Meeting—Noon
August 30	Senior Picnic (Chief Logan Park Shelter #3)
August 31	No Pre-K
September 3	Labor Day/PRIDE Closed
September 24	Board of Director's Meeting—Noon
September 28	No Pre-K
October 2	HOTS Training
October 8	Columbus Day/PRIDE Closed
October 12	No Pre-K
November 12	Veteran's Day/PRIDE Closed
November 22 & 23	Thanksgiving Holiday/PRIDE Closed

### **Activities & Lunch Served Daily**

**Earl Jarvis Senior Enrichment Center**  
**699 East Stratton Street, Logan**

**Tracy Vickers Community Center**  
**68 Boise Street, Chapmanville**

**Chapmanville Towers**  
**647 Main Street, Chapmanville**

*For more information, please contact Amey Ball 304-752-6868.*

Did you know...

Amazon donates to Pride Community Services Inc. when you shop @AmazonSmile. <http://smile.amazon.com/ch/55-6025609> #YouShopAmazonGives

Choose PRIDE Community Services for your **Kroger Community Rewards**



## Board of Directors

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Valet & Associates

### **Michael Johnson / Vice President**

Logan County Clerk

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### **Serafino Nolletti**

Mayor Town of Logan

### **Sharon Moorhead**

Head Start Policy Council

### **Jennifer Lucas**

Private Sector Representative

### **Judge Christopher Workman**

Family Court

## Funding Sources

- United States Dept. of Agriculture (USDA)
- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. Of Health and Human Resources (DHHR)
- Dept. of Energy (DOE)
- WV Bureau of Senior Services (BOSS)
- West Virginia Metro Area Agency on Aging (Metro AAA)
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- WV Bureau of Medical Services
- WV Dept. of Education
- WV Housing Development Fund
- United Way of Central West Virginia
- Appalachian Regional Commission

## Services Offered:

**Aging Program:** Offers services to persons with disabilities and the aging population of Logan County.

- Amey Ball / Director

**BuildJobs Program:** Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Sheila Riddle / Director

**Case Management:** The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

**Child & Adult Food Care Program (CACFP):** Offers food reimbursement and training to in-home family daycare providers.

- Missy Avis / Monitor

**CSBG (Community Service Block Grant):** To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Coordinator

**Family Stabilization Program:** Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

**Head Start:** Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

**Housing Program:** Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

**In-Home Services Program:** In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten / Director

**Supportive Services for Veteran Families:** Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

## Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

## Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



**Empowering Lives. Strengthening Communities.**

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**WE'RE ON THE WEB!**  
**[WWW.PRIDEINLOGAN.COM](http://WWW.PRIDEINLOGAN.COM)**  
**Visit us on Facebook!**

### **How Can I Help?**

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.