

"Don't just count your years. Make your years count!" Ernest Myers

I am interested in learning more about the programs for seniors. Please contact me.

Name: _____

Address: _____

Phone: ______

Email: ______

Detach and mail this card to: PRIDE Community Services, Inc. PO Box 1346, Logan, WV 25601 **OR** Contact Amey Ball at 304-752-6868 amey.ball@loganpride.com



Let us Introduce Ourselves!

PRIDE Community Services offers a multitude of programs geared toward assisting low income individuals and families to move out of poverty and toward self-sufficiency. Currently, the agency operates Senior Nutrition sites and Head Start Center in various areas within Logan County; in conjunction with the Logan County Board of Education, we operate specialized collaborative classrooms in several schools; Weatherization Program, CSBG Program, Child and Adult Care Food Program, Case Management and In-Home Care Programs. Visit our website at www.loganpride.com to learn more!

> PO Box 1346 699 Stratton Street Logan, WV 25601 304.752.6868 phone 304.752.1047 fax

Senior Programs: Enriching Lives in Logan County



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Nutrition Sites and Hours

Chapmanville Towers Nutrition Site 647 Main Street Chapmanville, WV 25508 Lunch served at 12:00 pm

Earl Jarvis Senior Enrichment Center PRIDE Community Services 699 East Stratton Street Logan, WV 25601 Lunch served at 12:00 pm

Tracy Vickers Community Center Nutrition Site 68 Boise Street Chapmanville, WV 25508 Lunch served at 12:00 pm



We love volunteers! Visit *www.loganpride.com* to find out more.

Programs and Services for Older West Virginians

Nutrition Program

Lunch is served Monday—Friday at each of our Senior Nutrition Sites. Anyone can join us for lunch. Home Delivered Meals are provided through our Nutrition Program. If you would like more information regarding eligibility for Home Delivered Meals, please contact the PRIDE Main Office.

Nutrition Education programs are presented at each Nutrition Site and is also periodically included in our newsletter. The Nutrition Program is funded in part by the WV Bureau of Senior Services, WVSU Metro Area Agency on Aging, the Older Americans Act and Meals on Wheels.

Activities

A wide range of activities are available at the Center on a daily basis. These activities include Bingo, crafts, games, movies, book clubs, bible study, and many more.

Special events are scheduled monthly. These events may include themed parties, trips, entertainment, and contests.

Information & Assistance

We offer information to seniors on opportunities and services available within the community. This includes information regarding assistive technology. We may make referrals for individuals for services provided by other organizations within our service area. We also may be able to provide assistive devices and personal care items, including but not limited to: wheelchairs, walkers and canes, bathing chairs, and incontinence garments.

In-Home Services

Several service programs are offered, including: Respite, Lighthouse, Medicaid Waiver, Personal Care, Private Pay, and Alzheimer's Care. Services provided may consist of dressing, personal hygiene, meal preparation and nutrition. Clients are assisted with mobility, companionship, light housekeeping, and health related tasks. Clients will be assigned a caregiver who will strive to keep the client healthy and comfortable in their own home for as long as possible. Respite care is also offered to provide a temporary substitute support for seniors in order to provide a brief period of relief or rest for family members or caregivers.