



# the Shining Star



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## BuildJobs Program Completes First Tiny Home

Tiny Homes first became popular in the late 1990's and have recently gained tremendous popularity. The Tiny Home movement is a way for people to minimize and ultimately save money. The BuildJobs Initiative Program seen the rise of popularity and knew this would be a great opportunity for the participants and the community. PRIDE's Weatherization department and the BuildJobs participants teamed up and began building the first tiny home in January of 2019. This project gave participants the opportunity to learn every trade skill offered including contracting, electrical, and HVAC. They're able to focus on their skill choice of interest, while also being hands on with other skills that could be beneficial for a future career. Although small, the tiny home still required every step and process that is needed to build a home from the ground up. The first tiny home was completed in March of 2019. The second tiny home project has already begun with hopes of selling to generate continued funding for the BuildJobs Initiative Program.





# Aging Program



In March, Director of Senior Services, Amey Ball, received a call from Logan County Sherriff Sonja Porter about Mr. Steve Nagy. Mr. Nagy, who is 94 years of age, had lost his childhood home to a devastating fire.

The home was a total loss and Sheriff Porter was trying to help find him housing. With tears in his eyes, Mr. Nagy said "I was born in that home and my parents raised me and my family there." He told about recently buying a new couch, T.V. and some remodeling work that had been done around the house. The sheriff and her deputy took Mr. Nagy to get clothing. Red Cross placed him in a hotel for a few nights.

PRIDE's Director of Senior Services, along with Brandi Browning, Director of Community Services followed up with him at the hotel. They took him emergency meals and helped him complete an application for housing. Mr. Nagy is a spunky soul, who loved being right in the middle of town.

PRIDE staff worked together to find him an apartment in Logan.

Mr. Nagy has since started visiting the Earl Jarvis Enrichment Center daily to participate in our lunch program and activities. He is doing well in his new apartment and loves visiting PRIDE and his new friends. Mr. Nagy said "I am so thankful that PRIDE helped me when I lost everything."

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Amey Ball, Director of Senior Services, recently received a call from Ms. Patty White asking about PRIDE's senior lunch program. She was eager to visit the Earl Jarvis Senior Enrichment Center, but did not have transportation. PRIDE's Senior Services offers transportation to our nutrition site for any senior and we were happy to pick her up the next day. Ms. Patty was shy at first, but quickly warmed up to everyone. She is a delightful lady who enjoys eating lunch and participating in all the various senior activities. Ms. Patty said "I have made some friends here and love it!"

Ms. Patty was also interested in the other programs PRIDE has to offer. Ms. Patty was specifically interested in PRIDE's Weatherization program because she had no heat in her trailer. Ms. Ball helped Ms. Patty complete the Weatherization application and soon Ms. Patty received a new heating unit. Ms. Patty expressed how thankful she was to PRIDE for providing her the new unit and picking her up for lunch. She tears up each time she speaks about how blessed she is to have our assistance.

***Please contact PRIDE at 304-752-6868 for  
information about our wonderful programs.***





# BuildJobs Initiative Program

## Additional photos of Tiny Homes





# Child and Adult Care Food Program

## TACO CUPS

### INGREDIENTS

- ◇ Cooking spray, for pan
- ◇ 12 whole wheat tortillas
- ◇ 1 tbsp. olive oil
- ◇ 1/2 onion, chopped
- ◇ 1 lb. ground beef
- ◇ 2 tsp. Taco Seasoning
- ◇ kosher salt
- ◇ Freshly ground black pepper
- ◇ 1 c. chopped cherry tomatoes
- ◇ 2 c. shredded cheddar cheese
- ◇ 1 c. Shredded lettuce
- ◇ Sour cream, for drizzling



### DIRECTIONS

1. Preheat oven to 350°. Grease muffin pan with cooking spray. Stamp out tortillas with a 4" biscuit cutter. Place a tortilla into each cup of muffin pan, folding the edges if necessary. Set aside.
2. In a large skillet over medium heat, heat olive oil. Add onion and cook until softened, about 5 minutes. Add ground beef, breaking up the meat with a wooden spoon. Season with taco seasoning, salt, and pepper and cook until the meat is no longer pink, about 6 minutes. Drain fat.
3. Spoon cooked beef mixture into each tortillas, then top with shredded cheddar. Bake until the tortillas are golden around the edges and the cheese has melted, about 10 minutes.
4. Garnish with tomatoes, cheese, lettuce and sour cream.

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## Human Resources Department



On February 26, 2019, Carl Bryant was welcomed into our PRIDE family. Carl was hired as a Weatherization Tech after successfully completing PRIDE's BuildJobs Initiative program on February 8, 2019. Carl is the son of Angela Bryant. He resides in Chapmanville WV and attended Chapmanville High School. Carl states "I like working with all the guys at PRIDE. I feel like working here is a great opportunity, and I'm excited to see what the future holds for me." Carl is a hardworking and dedicated employee who strives to do the best job possible. We look forward to working with him for many years to come and wish him the best of luck in his new position with PRIDE.

# Emergency Services

## Easy Ways to Reduce Cooling Costs in the Summer

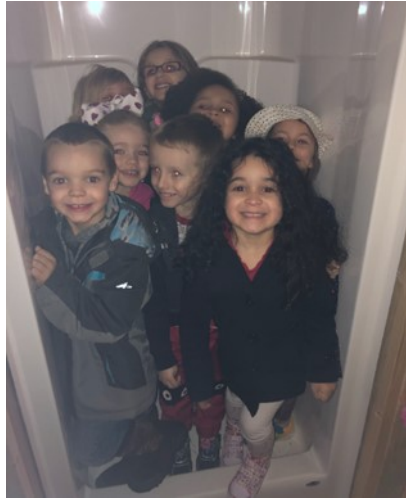
- ◇ **Plug up any holes.** The cool air spewing out of vents should be treated like a precious vapor that must not escape. Inexpensive plastic film available at hardware stores can boost insulation around older windows where drafts are most likely. Foam and caulking can also help seal problem areas, as can extra insulation in the attic. If you use window-unit air conditioners, make sure they fit tightly so air can't escape around the unit.
- ◇ **Close those shades.** Anything that keeps the sun from coming in and creating a greenhouse effect will make it easier for your air conditioning unit to maintain cooler temperatures. For the longer term, consider planting leafy trees or bushes to give your home more coverage in areas that get a lot of sun.
- ◇ **Consider LED Lighting.** After you've blocked out the sun, you might find yourself turning on more lights than you normally do. Be careful which lights you choose, though, because incandescent bulbs actually turn 90% of the energy they use into heat. Consider replacing your incandescent bulbs with LED bulbs, which operate at a lower wattage and produce only half as much heat. LED bulbs also use 75% less energy and last 50 times longer than traditional bulbs, saving you money on electricity and replacement costs.
- ◇ **Keep the filters clean.** Geoff Godwin, Vice President of marketing at Emerson Climate Technologies, the country's largest provider of heating and cooling systems, says it's important to clean out air conditioning filters once a month, which usually involves running water through them and letting them air-dry.
- ◇ **Unplug, unplug, unplug.** Even television sets, DVD players and computers that are turned off can suck power out of outlets (aptly referred to as "vampire power"). That's why you should either unplug your electronics or use a Smart Strip, which cuts power when it's not needed. One exception: Overhead fans, especially at night, can cool air more cheaply than turning down the thermostat.
- ◇ **Step away from the oven.** Turning on the oven heats up the rest of the house, which forces your air conditioner to go into overdrive. If you still want to cook, consider an outdoor grill, toaster oven or even the stovetop, which gives off less heat than the oven.
- ◇ **Bring in the professionals.** Most experts suggest getting your unit serviced once a year to check for potential problems such as mold, rusting or grime buildup, all of which can hamper efficiency. "A lot of people don't do that. They ignore the AC system until something goes wrong," Godwin says. You can also give your home an overall check with an energy auditor, who can look for any air leaks and other inefficiencies.
- ◇ **Use landscaping to block direct sunlight.** With sunlight bombarding the Earth's surface in the daytime hours, any home without sufficient natural shade or insulation will be less equipped in the warmer months.

*If you would like more information about our Emergency Services program, please contact Amanda or Brandi at 304-752-6868.*



# Head Start Program

Omar Elementary Head Start children were studying buildings. Students enrolled in the classroom took a field trip to visit PRIDE BuildJob's Tiny House.



The Aetna Teddy Bear visited children at the Logan Head Start Center. Each child was given bear ears to wear. Children discussed how often they visit the doctor and what happens during a doctor visit. Children were also asked about brushing and flossing their teeth. Each child was given a toothbrush to take home, and the Aetna Bear even "flossed" with the children.



Chapmanville Primary School partnered with Tracy Vickers Senior program for St. Patrick's Day activities ( Left ) / Child Abuse Awareness (Below)





# In-Home Services Program



## In-Home Spotlight

Cassie Mullins is 27 years old and one of PRIDE's precious Medicaid Personal Care members. Cassie has been disabled since a baby and requires 24/7 care. Cassie enjoys going to church, eating out, shopping, and visiting with family and friends. She is a positive and person; whom many love.

Her direct care worker is Sherry Adams. Sherry has become like a second mother to Cassie. The family is pleased with the services they receive and are thankful to have Sherry. The family stated the services provided make life easier by helping lessen the expense of paying for care that Cassie needs.

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In-Home Services assist the elderly and disabled in achieving activities of daily living including assistance with personal hygiene, nutrition, feeding, and environmental support functions. The In-Home Service programs include Lighthouse, FAIR, III-E, Medicaid Personal Care, Medicaid Aged and Disabled Waiver, Medicaid Aged and Disabled Waiver Case Management, and VA Personal Care.

- The Lighthouse program provides support in four areas, which include personal care, mobility, nutrition, and environment.
- FAIR and III-E program is designed to provide care and activities for individuals with Alzheimer's disease or a related dementia and give family caregivers a needed break.
- Medicaid Personal Care program is available to assist an eligible member to perform activities of daily living and instrumental activities of daily living in the member's home.
- The Aged and Disabled Waiver program is an in-home care program for individuals who meet the nursing home eligibility level of care, but want to stay in their own home.
- Aged and Disabled Waiver services includes case management, personal attendant, skilled nursing, and non-medical transportation.
- To be eligible for the VA Personal Care Program a person must go through the VA Center and be referred to PRIDE for the program.

***For more information regarding the In-Home Services provided by PRIDE, please contact Kathy Ooten or Anna Matney at 304-752-6868.***

# SSVF Program

## SUPPORTIVE SERVICES FOR VETERAN FAMILIES



### What is the intent of this program?

- To focus on securing and maintain housing.
- To provide temporary housing assistance and services to help persons gain housing stability.
- To serve veterans who are currently homeless or would be homeless without this assistance,
- To promote self sufficiency

### What type of supportive services are available for participants?

#### Outreach Services

#### Case Management Services

#### Assistance obtaining VA benefits

#### Assistance obtaining other public benefits

#### Temporary Financial Assistance

#### For more information, contact:

**KENNY GIBSON**

*Supportive Services Coordinator*

*PRIDE Community Services, Inc.*

*8:30 am—4:30 pm*

*699 East Stratton Street*

*Logan, WV 25601*

*304-752-6868*

### For eligibility, applicants must meet all criteria below:

**Veterans** May be single or part of a family in which the head of the household, or spouse, is a Veteran. Discharge status must be under conditions other than dishonorable.

**Very Low-Income** Making less than 50% of the area median income (AMI).

### Prevention and Rapid Re-Housing

- Currently residing in permanent housing and at risk of losing housing and becoming literally homeless but for SSVF assistance or
- Currently homeless, scheduled to become a resident of permanent housing within 90 days pending the location of permanent housing or
- Has exited permanent housing within the previous 90 days in order to seek housing that better fits with needs.



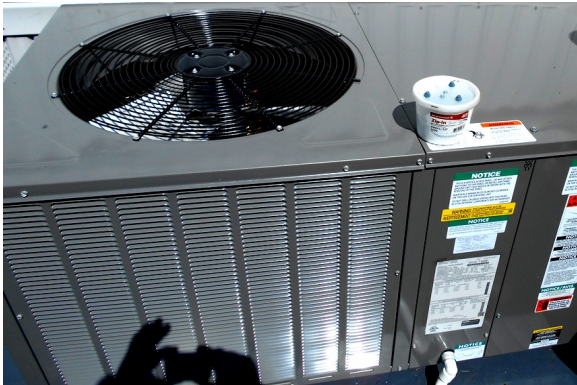


# Weatherization

Nora Adams reached out to Weatherization in hopes of making her home more energy efficient and reducing her high energy bill. Being a 1968 site built home, Weatherization was required to have a Historic Preservation review completed. In addition to the Historic Preservation review, any home built prior to 1979 must also have a lead test completed. Once lead testing came back negative and approval was given from the Historic Preservation review, the crew was ready to begin necessary improvements on the home.

During the energy audit, it was noticed there were only baseboard heaters and one window AC unit. It was recommended by Weatherization staff that Mrs. Adams apply for the No Heat Emergency Program. Mrs. Adams application was approved by DHHR; and after an electrical upgrade, a new heating unit was installed at Mrs. Adams' home. After the upgrade was completed, additional weatherization measures could be done. The hot water tank was wrapped and settings were adjusted; CO detectors, smoke alarms, and CFL light bulbs were installed; and additional energy saving measures were completed. The attic and crawlspace were air sealed and insulated, and a vapor barrier was installed to help stop ground moisture.

A follow-up with Mrs. Adams revealed she was thrilled with the time and hard work put into making her home more energy efficient. The Weatherization crew takes "PRIDE" in their work and helping the people in our community.



### **Important Dates to Remember**

May 10	Family Fun Day (Pre-K) at Chief Logan Park 11:00 AM-2:00 PM
May 10	Mother's Day Luncheon (Senior Centers)
May 17	Senior Field Trip to Charleston Town Center Mall—Older American's Month
May 24	No Pre-K
May 27	Memorial Day (PRIDE Closed-ALL Centers)
May 29	Logan Center End of Year Celebration'- Last Day for Head Start Center children
June 3	Last Day for Head Start children
June 10	Senior Sock Hop—Tracy Vickers Community Center
June 12	Senior Sock Hop—Chapmanville Towers
June 17	Senior Sock Hop—Early Jarvis Senior Enrichment Center
June 20	WV Day (PRIDE Closed-ALL Centers)
June 24	PRIDE Board Meeting – Noon
July 3	Independence Day Cookout (Senior Centers)
July 4	Independence Day (PRIDE Closed-ALL Centers)
July 8	Senior's Got Talent—Chapmanville Towers
July 9	Senior's Got Talent—Tracy Vickers Community Center
July 10	Senior's Got Talent—Earl Jarvis Senior Enrichment Center
July 12	Senior's Got Talent—Winner's Announced
July 16-18	Early Childhood Summer Camp for incoming Pre-K children
July 29	PRIDE Board Meeting — Noon

### **Activities & Lunch Served Daily**

**Earl Jarvis Senior Enrichment Center**  
**699 East Stratton Street, Logan**

**Tracy Vickers Community Center**  
**68 Boise Street, Chapmanville**

**Chapmanville Towers**  
**647 Main Street, Chapmanville**

*For more information, please contact Amey Ball 304-752-6868.*

**Did you know...**

Amazon donates to Pride Community Services Inc. when you shop @AmazonSmile. <http://smile.amazon.com/#YouShopAmazonGives>

Choose PRIDE Community Services (#NY927) for your  
**Kroger Community Rewards**



## Board of Directors

### **Jeff Valet / President**

Valet & Associates

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Logan County Clerk

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### **Donna Williams**

Low-Income Sector Representative

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### **Ted Ellis**

Logan County Commission Representative

### **Kathleen Mounts**

Early Education Advisor

### **Brittany Adkins**

Head Start Policy Council

### **Lois Moses**

Mayor Town of Logan Representative

### **Sharon Moorhead**

Head Start Policy Council

### **Jennifer Lucas**

Private Sector Representative

### **Judge Christopher Workman**

Family Court

## Funding Sources

- United States Dept. of Agriculture (USDA)
- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. Of Health and Human Resources (DHHR)
- Dept. of Energy (DOE)
- WV Bureau of Senior Services (BOSS)
- West Virginia Metro Area Agency on Aging (Metro AAA)
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- WV Bureau of Medical Services
- WV Dept. of Education
- WV Housing Development Fund
- United Way of Central West Virginia
- Appalachian Regional Commission

## Services Offered:

**Aging Program:** Offers services to persons with disabilities and the aging population of Logan County.

- Amey Ball / Director

**BuildJobs Program:** Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Michelle Gamble / Coordinator

**Case Management:** The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

**Child & Adult Food Care Program (CACFP):** Offers food reimbursement and training to in-home family daycare providers.

- Missy Avis / Monitor

**CSBG (Community Service Block Grant):** To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Coordinator

**Family Stabilization Program:** Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Coordinator

**Head Start:** Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

**Housing Program:** Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

**In-Home Services Program:** In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten / Director

**Supportive Services for Veteran Families:** Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Kenny Gibson / Coordinator

## Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

## Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



**Empowering Lives. Strengthening Communities.**

**PRIDE Community Services**  
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**WE'RE ON THE WEB!**  
**[WWW.LOGANPRIDE.COM](http://WWW.LOGANPRIDE.COM)**  
**Visit us on Facebook!**

### **How Can I Help?**

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.