



the Shining Star



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PRIDE Announces Additional No Heat Emergency Program (NHEP) Funding

PRIDE Community Services was recently notified, it will receive additional No Heat Emergency Program (NHEP) funding for Logan County. Applications are being accepted for the NHEP program which aids households at or below 150 percent of the federal poverty income guidelines in need of emergency heat, i.e., the repair or replacement of malfunctioning or non-operable heating units. The home's primary heating system must have one of the following criteria to receive services:

- Have a non-operable or severely malfunctioning and/or unsafe heating system potentially endangering the household's health and/or well-being.
- Is using portable heating devices such as, but not limited to, electric and kerosene space heaters as a primary source of heat.
- Is using unvented gas/propane space heaters as a primary source of heat.
- Is using an unsafe fireplace or solid fuel.
- Have a fireplace or stove, but do not have access to, or the means to purchase solid fuel.
- Is using any type of gas fired cooking appliance as a heating source.

If dwelling has been previously weatherized and the furnace has quit working after the warranty period, the home is still eligible for NHEP services. Central air-conditioning which is part of the heating system may also be covered.

Applications for NHEP can be found at www.loganpride.com. For more information, please contact PRIDE Community Services Weatherization Department at 304-752-6868.



*Weatherization
Works*

Aging Program

Seniors' Farmers Market Nutrition Program

On June 10th we began our annual distribution of the Farmers Market coupons here at PRIDE. This program is funded by the USDA and is intended to provide low income seniors with coupons that they can use at farmers' markets. These coupons make it possible for low income seniors to purchase fresh, nutritious, unprepared, locally grown fruits, vegetables, herbs, and honey through farmers' markets, roadside stands and community supported agriculture programs; and increase the consumption of agricultural commodities by expanding, developing, or aiding in the development and expansion of domestic farmers' markets, roadside stands, and CSA programs. To qualify, an individual must be at least 60 years of age and have an income of not more than 185% of the Federal poverty income guidelines. Only one packet of coupons may be obtained per household.

Each packet contains \$28 worth of coupons. With these coupons, seniors are able to purchase a large variety of vegetables including artichokes, beans, beets, carrots, celery, cucumbers, eggplant, kohlrabi, lettuce, mustard, onions, peas, potatoes, radishes, rutabaga, spinach, turnips, zucchini, Brussel sprouts, Jerusalem artichokes, asparagus, broccoli, cabbage, cauliflower, corn, endive, greens, leeks, mushrooms, okra, parsnips, peppers, pumpkins, rhubarb, squash, tomatoes, and sweet potatoes. They may also use their coupons on fruits such as apples, blackberries, cantaloupes, grapes, peaches, plums, strawberries, honeydew melon, paw paws, apricots, blueberries, cherries, nectarines, pears, raspberries, and watermelon. Fresh herbs and unprocessed honey are also available.

If you or someone you know hasn't gotten their coupons this year, please visit PRIDE Community Services at 699 Stratton St in Logan. Coupons are distributed between 9:00-3:00 Monday – Friday. Please bring a valid ID. If there is a senior who is homebound, they may appoint a representative to pick up the coupons for them. Proxy forms are available at PRIDE Community Services.



BuildJobs Initiative Program

The BuildJobs Initiative provides on-the-job training to those who have been economically affected by the decline in the coal industry. It is a three year grant-funded program that began on August 1, 2017. Although the program is free to participants, it is a “hand up” rather than a “hand out” and offers hope for a brighter future. PRIDE Community Services’ BuildJobs Initiative serves Boone, Lincoln, Logan, McDowell, Mingo and Wyoming Counties in West Virginia. Participants must reside in one of these six counties but can cross into other counties for training.

The program is 16 weeks in duration and includes passing a drug test and a background check and each participant must have a valid driver’s license and Social Security card. The participant is placed with a partner contractor for 14 weeks of on-job-training and is given a \$50 per day stipend to pay for fuel, food and other expenses associated with training. Depending on the trade chosen, the last week is spent preparing for and taking the examination(s) for certifications.

Licensure/certifications that may be obtained include:

- Apprentice Electrician Certification
- HVAC Technician in Training Certification
- Plumber in Training Certification
- Licensed Residential Contractor
- Certified Welder

BuildJobs Success

Michael Hall Jr. from Justice, WV successfully completed the BuildJobs Initiative program in May 2019. His choice of interest was in welding and attending courses at Southern West Virginia Community and Technical College. Michael had worked previous jobs in fast food and had taken classes prior to joining our program but had little success. He was eager to find a trade that could help support not only himself but his family. Michael completed his semester with a 3.0 GPA and placed bronze in welding competitions. He plans to complete his Associates degree in Welding and has already landed employment in the welding field.



Child and Adult Care Food Program

Fruit Salad Cones

Ingredients:

- ◇ 2 medium nectarines, chopped
- ◇ 1 cup whole small fresh strawberries
- ◇ 1 cup fresh blueberries
- ◇ 2 tablespoons mashed fresh strawberries
- ◇ 1 teaspoon finely chopped crystallized ginger
- ◇ 1/4 teaspoon ground cinnamon
- ◇ 1 cup reduced-fat whipped topping
- ◇ 4 ice cream waffle cones



Directions:

1. In a small bowl, combine the nectarines, whole strawberries and blueberries.
2. In another bowl, combine mashed strawberries, ginger and cinnamon. Fold in whipped topping.
3. Fill each waffle cone with 1/4 cup fruit mixture; top with 2 tablespoons whipped topping mixture.
4. Repeat layers and serve immediately.

For more information about
CACFP, please contact
PRIDE at 304-752-6868.

Human Resources Department

On April 1, 2019, Michelle Gamble joined our PRIDE family as the BuildJobs Initiative Coordinator. Michelle resided in Pikeville, KY, until 2016. She graduated from Shelby Valley High School. She earned an Associate's degree in Applied Science from Southern WV Community and Technical College in December 2018.

Michelle is the daughter of Trigg McPeck and Jimmy Coleman. She has one sister, Jessica White. Michelle now resides in Man, WV with her husband Keith Gamble.

Michelle stated, "since moving, I have seen the decline in jobs, the rise of unemployment, and the uncertainty of coal mining positions from different states within the coal fields. It is with great honor to be able to assist hard working people who are eager to make a difference with their lives and the community."



Family Stabilization

Nine High-Cost Practices That Strip Cash from Hard-Working Families

Check Cashing: Typically charge high percentage rates for cashing a check. Can act as a “gateway” to other high-cost products.

Buy Here/Pay Here Auto Dealers: Interest rates charged are typically much higher than a normal auto loan. Down payment required may cover the dealer’s entire cost for the vehicle. An undated voluntary repossession agreement may also be included in the paperwork the borrower signs.

Overdraft Loans: Banks charge a fee for overdrawn checks. They are treated as loans and if not repaid within a few days, most banks will charge an additional overdraft surcharge.

Payday Loans: Interest rates are typically high and may cost the borrower more than the original loan amount.

Refund Anticipation Loans: Short-term loans made by tax preparation chains. Typically pay interest and loan fees in order to access their funds earlier than with direct deposit. Most families do not realize these “instant refunds” are loans, which must be repaid if the IRS does not issue a refund.

Rent-to-Own: Customers make small weekly payments for an extended period of time. The total of these payments greatly exceeds the value of the item and any reasonable interest charges.

Sub-prime Predatory Mortgage Lending: Loans offered at higher interest rates due to additional credit risk. These loans can become predatory and cost families high fees and penalties. The likelihood of defaulting significantly increases with these types of loans.

Title Loans: Car title lenders typically charge excessive interest rates plus additional fees for small cash loans secured by the title to cars owned free and clear. Loans are for a small fraction of the car’s value, but failure to pay in full at the end of the month can lead to repossession by lenders.

Credit Cards: Frequently target low-income families and youth with no credit history. Credit card companies make most of their profits through high interest rates, late fees and penalties paid by families who cannot afford or choose not to pay off the balances of their cards each month.

(Aspen Institute Community Strategies Group)

Financial literacy training is offered as part of PRIDE’s Family Stabilization Program. More information regarding PRIDE’s Family Stabilization Programs can be found at www.loganpride.com or by calling PRIDE at 304-752-6868.

Head Start Program

Family Fun Day, held at Chief Logan Park, celebrated the end of a successful 2018-2019 school year. Activities held during Family Fun Day included: Silent Auction, face painting, inflatables, tile painting, and voting on Program Expectations for the 2019-2020 school year.



Logan Elementary celebrated end of the school year at The Jump House.

Hannah Hanks and Braxton Moses won three tickets to see "Deadly Divide: The Hatfield and McCoy Story" when they attended July's Policy Council meeting.



Chanda Elkins and Candice Mullins attended NHSA Manager's and Director's Academy in Indianapolis, Indiana where sessions focused on a variety of topics including: ERSEA, Family Engagement, Program Governance, Data: Shifting from Compliance to Quality Improvement, and Inspired Leadership.

In-Home Services Program

Enjoying Life At Home



Letha Butcher, 76 years old, receives services through PRIDE's Lighthouse program. She has been a client of PRIDE's In-Home Department for 4 years. Letha was married for 50 years to love of her life Tracy and cared for her sister who felt more like a daughter for 25 years. Although, she was a caregiver to many, after her sister and husband passed she felt as though her life stood still. When Letha became in need of help for herself, she contacted PRIDE. She says that she loves her services and greatly appreciates her caregiver Brenda Kelly. "PRIDE has been so good to me", she says. Ms. Butcher added that she feels the Lord sent Brenda to her. Brenda does a great job providing services and caring for her clients in many ways, providing holistic care to them. PRIDE's In-Home Services provide personal care and light house cleaning to many who are not able to do so themselves. Our care providers are trained in compliance with the standards set forth by the Bureau of Senior Services.

In Home Services assist the elderly and disabled in achieving activities of daily living including assistance with personal hygiene, nutrition, feeding, environmental support functions. The In-Home Services programs include:

- Lighthouse
- FAIR
- III-E
- Medicaid Personal Care
- Medicaid Aged and Disabled Waiver
- Medicaid Aged and Disabled Waiver Case Management
- VA Personal Care

For more information regarding PRIDE's In-Home Programs, contact our In-Home Department at 304-752-6868.

SSVF Program



U.S. Department of Veterans Affairs • Readjustment Counseling Service

Services Offered

- Individual Counseling
- Group Counseling
- Couples/Marital/Family Counseling
- Bereavement Counseling
- Military Sexual Trauma Counseling
- Spouse/Significant Other Counseling
- Community Education & Referrals
- VA Information & Referrals
- VA Benefits Assistance

Service members and Veterans are not required to enroll in the VA Health Care System or have received a service connection for conditions caused by military service. Our services are also provided regardless of the nature of the Veteran's discharge. This includes service provision to those individuals with problematic discharges.



Privacy & Confidentiality

Vet Center Staff respect the privacy of all Veterans. We hold in the strictest confidence all information disclosed in the counseling process. No information will be released to any person or agency without written consent from the client, except in circumstances averting a crisis. (HIPAA, 1996)

Services are FREE to all eligible Veterans and their families

West Virginia Vet Centers

Morgantown Vet Center
34 Commerce Dr, Ste 101
Morgantown, WV 26501 • (304) 291-4303

Beckley Vet Center
201 Grey Flatts Rd
Beckley, WV 25801 • (304) 252-8220

Charleston Vet Center
200 Tracy Way
Charleston, WV 25311 • (304) 343-3825

Logan Vet Center Outstation
121 Veterans Ave
Henlawson, WV 25624 • (304) 752-4453

Huntington Vet Center
3135 16th St Rd, Ste 11
Huntington, WV 25701 • (304) 523-8387

Parkersburg Vet Center Outstation
2311 Ohio Ave, Ste D
Parkersburg, WV 26101 • (304) 485-1599

Martinsburg Vet Center
300 Foxcroft Ave, Ste 100A
Martinsburg, WV 25401 • (304) 263-6776

Princeton Vet Center
1511 N. Walker St
Princeton, WV 24740 • (304) 425-5653

Wheeling Vet Center
1058 E. Bethlehem Blvd
Wheeling, WV 26003 • (304) 232-0587

(877) WAR-VETS
(877) 927-8387

24/7 Hotline

WWW.VETCENTER.VA.GOV

Eligibility

World War II
American Merchant Marines
Korean War
Vietnam War
Lebanon
Grenada
Panama
Persian Gulf War
Somalia
Bosnia
Kosovo
Afghanistan War
Iraq War
Active Duty Service Members
Any Campaign/Expeditionary Medal

Casualty/ Mortuary Affairs

Provided direct emergent medical care or mortuary services, while serving on active military duty, to the casualties of war.

UAV Crews

Served as a member of a UAV crew that provided direct support to operations in a combat zone or area of hostility.

Military Sexual Trauma/ Harassment

Counseling for all Veterans, of all eras regardless of duty status.

Bereavement Counseling

For the family members of those who have lost a loved one while serving on active military duty.

Services are FREE to all eligible Veterans and their families

Weatherization

PRIDE recently began providing Weatherization services in McDowell County. It is our goal to make a significant impact on the energy efficiency of that community. Mr. Davis reached out to our program in hopes of getting his energy bill lowered and making his home more comfortable. Being disabled from a work accident, as well as a widower, Mr. Davis really needed some assistance. We scheduled an appointment to take a look at his home, and see what WX measures could be done. An energy audit showed major air leaks in the home. Mr. Davis's home was built prior to 1979, so a lead test had to be completed prior to moving forward. It is important for us to ensure safe work tactics are being followed in order to protect our clients and staff members.



The most major issue was the condition of the belly, and having no insulation underneath the home at all. The WX crew blew in insulation, put in a brand new belly, along with air sealing measures. Mr. Davis stated he could already feel a change in his home. The crew installed vapor barrier to protect the home from ground moisture, along with other health and safety measures. Our major goal is to make the home more energy efficient and more safe for the client.

Mr. Davis' heating and cooling unit needed to be replaced. Typically, PRIDE is not permitted to provide NHEP services in McDowell County, but PRIDE was given permission to provide those services to the homes we weatherize now in McDowell. A brand new heating and cooling unit was installed for Mr. Davis. He was beyond pleased. Mr. Davis said "When PRIDE is here, they're home."



Important Dates to Remember

August 21	Pre-K/Head Start Orientation
August 22	Pre-K/Head Start First Day (1/2 Students)
August 23	Pre-K/Head Start First Day (Other 1/2 Students)
August 30	No Pre-K
September 2	Labor Day Holiday—PRIDE Closed
September 6	Self-Assessment Team Meeting — PRIDE Office at 9 AM
October 14	Columbus Day—PRIDE Closed
October 17	Community Baby Shower — Word of Life at 11AM—2PM
October 18	No Pre-K/OS Day
October 31	Trunk-or-Treat with Senior Participants at McDade Hall

Activities & Lunch Served Daily

Earl Jarvis Senior Enrichment Center
699 East Stratton Street, Logan

Tracy Vickers Community Center
68 Boise Street, Chapmanville

Chapmanville Towers
647 Main Street, Chapmanville

Monday, Wednesday & Friday—Healthy Steps @ 11:30 am
Tuesday & Thursday—Bingo & Games
Tuesday & Thursday—Transportation available to grocery store

For more information, please contact 304-752-6868.

Did you know...

Amazon donates to Pride Community Services Inc. when you shop @AmazonSmile. <http://smile.amazon.com/#YouShopAmazonGives>

Choose PRIDE Community Services (#NY927) for your
Kroger Community Rewards

Board of Directors

Jeff Valet / President

Valet & Associates

Michael Johnson / Vice President

Private Sector Representative

Howard Jemerison / Treasurer

Low-Income Sector Representative

Tonya Williamson / Secretary

Woodforest Bank

Donna Williams

Low-Income Sector Representative

John Turner

Logan County Clerk

Dwight Williamson

Logan County Magistrate

Angela Dingess

Private Sector Representative

Ted Ellis

Logan County Commission Representative

Kathleen Mounts

Early Education Advisor

Brittany Adkins

Head Start Policy Council

Lois Moses

Mayor Town of Logan Representative

Sharon Moorhead

Head Start Policy Council

Pat Lykens

Senior Advisory Representative

Judge Christopher Workman

Family Court

Funding Sources

- United States Dept. of Agriculture (USDA)
- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Dept. Of Health and Human Resources (DHHR)
- Dept. of Energy (DOE)
- WV Bureau of Senior Services (BOSS)
- West Virginia Metro Area Agency on Aging (Metro AAA)
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- WV Bureau of Medical Services
- WV Dept. of Education
- WV Housing Development Fund
- United Way of Central West Virginia
- Appalachian Regional Commission
- US Veterans Administration

Services Offered:

Aging Program: Offers services to persons with disabilities and the aging population of Logan County.

- Amanda Mills/ Director

BuildJobs Program: Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Michelle Gamble / Coordinator

Case Management: The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

Child & Adult Food Care Program (CACFP): Offers food reimbursement and training to in-home family daycare providers.

- Missy Avis / Monitor

CSBG (Community Service Block Grant): To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Coordinator

Family Stabilization Program: Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Coordinator

Head Start: Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

Housing Program: Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

In-Home Services Program: In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten/ Director

Supportive Services for Veteran Families: Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Kenny Gibson / Coordinator

Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



Empowering Lives. Strengthening Communities.

PRIDE Community Services
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WE'RE ON THE WEB!
WWW.LOGANPRIDE.COM
Visit us on Facebook!

How Can I Help?

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our website.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.