



# the Shining Star



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As we continue to fight through the pandemic, PRIDE Community Services Inc. continues to excel in the face of adversity. Recently, PRIDE's Emergency Repair and Replacement Program (ERRP) crew had the opportunity to provide services to Mrs. Linda Gillman of Whitman, WV who desperately needed our services. Mrs. Gillman had been using a small heater and her oven to heat the home, causing her power bill to skyrocket. After explaining the ERRP Program to her, she was thrilled that such a service was available in her area. The home was in desperate need of heating, and we were happy to provide our expertise.

Precision Heating, Cooling, and Electrical, a trusted contractor of PRIDE Community Services Inc. was chosen for this job. The team installed a 2 Ton split HVAC system, floor registers, new thermostat, and Smoke and Carbon Monoxide alarms to ensure her safety. Mrs. Gilman was very complimentary of the Precision HVAC team, declaring that they were "hard workers" and "extremely professional". During the post inspection performed by the ERRP Coordinator, she said "PRIDE is a wonderful organization and our community is extremely blessed to have such a great staff that cares about their community".

PRIDE's ERRP Program is a partnership with the DHHR Low-income Home Energy Assistance Program that allows WV Community Action Agencies to administer the Emergency Repair and Replacement Program (ERRP). The ERRP program aids households in need of emergency heat (i.e. repair or replace malfunctioning or non-operable heating units).





## Senior Services



PRIDE's Senior Services staff are still ensuring that each senior receives nutritional meals throughout the week. We are currently serving meals through our home delivered, grab-and-go, and senior summer feeding programs. Any senior 60 or older may sign up for meals with these three options. Participants are being added to our meals weekly. For the 2019-2020 program year covering Oct. 1st - Sept. 30<sup>th</sup>, PRIDE served 55,898 meals. Five months in to our 2020-2021 program year, PRIDE has already served **24,381** meals to our seniors.

Our beloved seniors who visited PRIDE's congregate sites have not been able to come in for their meals or socialize with each other since the pandemic hit in March 2020. We truly miss seeing and interacting with the senior participants. 2021 is still bringing changes and uncertainty but our wonderful staff has continued pushing through to serve our seniors. We would like to recognize and thank our hard working, diligent Senior Services staff for a job well done!

## Supportive Services for Veteran Families

Back in July, Brian Montgomery and his wife stopped by our office and informed us that they had been staying in their vehicle and didn't have any place to go. He was a previous SSVF client. PRIDE provided shelf-stable food and put them in a hotel until more stable housing could be found. In late August, a stable rental unit was secured and PRIDE helped them get utilities. They did well and we were able to help them through December 2020. At that time, a referral was made to the HUD-VASH program. HUD-VASH is the same as HUD but it's Veteran specific, with no waiting list as long as there are HUD Vouchers available. After a few weeks of paperwork and several visits later, Brian and his wife were approved. HUD-VASH now pays their rent.

Brian exited from the SSVF Program in January 2021 and is now stably housed. Brian has sent several messages thanking PRIDE and the SSVF Program for the assistance provided.



# BuildJobs Initiative Program

The BuildJobs Initiative Program provides on-the-job training to those who have been economically affected by the decline in the coal industry. This program is 16 weeks in duration and 14 of those weeks are spent with partnered contractors learning a new trade. The trades offered are contracting, electrical, plumbing, HVAC, and welding. Upon completing the program, the participant either receives a training card or we assist with study materials and pay for them to take a certification exam. PRIDE Community Services provides the participants with a stipend check and worker's compensation coverage during training. We are currently looking to expand our list of partnered contractors in our servicing counties:

- ◆ Boone
- ◆ Lincoln
- ◆ Logan
- ◆ Mingo
- ◆ McDowell
- ◆ Wyoming

We are also accepting applications to join the BuildJobs Initiative program. The applicant must complete the application, and provide a copy of their valid ID and SSC. The application process consists of background and drug screenings.

**If you are interested in learning more, please contact us at: (304) 752-6868.**

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## BuildJobs Success

David Black began training with the BuildJobs Initiative in September 2020. Although he has a history of working in construction, David wanted to try to better himself by obtaining knowledge in the electrical field. David stated while training with the BuildJobs Program, he learned to work better with others, which will help him in future employment. David successfully completed the program in December. He is actively looking for employment while studying for his electrical exam.





# Child and Adult Care Food Program

## CHICKEN PENNE

### Ingredients

- 3 cups Penne pasta, whole-wheat, dry (12 oz.)
- 1 tsp Granulated garlic
- 2 cups Fresh broccoli florets
- 1 cup Cooked diced chicken, ½" pieces (4 oz.)
- 1 ½ cups Fat-free half and half
- 1 Tbsp. Enriched all-purpose flour
- ½ cup Low-sodium chicken broth
- 1 tsp Salt
- ½ tsp Ground black pepper
- ½ cup Reduced-fat cheddar cheese, shredded (2 oz.)
- ½ cup Low-fat mozzarella cheese, low-moisture, part-skim, shredded (2 oz.)



### Directions

1. Preheat oven to 350 °F.
2. In a large pot, bring 2 quarts water to a boil. Gradually stir in pasta and return to a boil. Cook uncovered for 8-10 minutes or until tender. Do not overcook. Drain well. Toss pasta with ½ teaspoon garlic.
3. Fill a medium pot with water and bring to a boil. Add broccoli florets and cook for 5 minutes. Drain well. Sprinkle with remaining garlic.
4. Transfer pasta and broccoli to a medium casserole dish (about 8" x 11") coated with nonstick cooking spray. Add chicken. Mix well.
5. In a small mixing bowl, mix ½ cup half and half with flour. Whisk to remove lumps.
6. In a medium skillet, heat chicken broth, salt, pepper, and remaining half and half. Stir constantly. Stir in half and half/flour mixture. Stir constantly and bring to a boil.
7. Reduce heat to low. Stir frequently for 5 minutes. Sauce will thicken. Add cheese and stir until cheese melts. Remove from heat. Pour sauce over broccoli/pasta mixture.
8. Cover casserole dish with lid or with foil. Bake at 350 °F for 8 minutes. Heat to an internal temperature of 165 °F or higher for at least 15 seconds (use a food thermometer to check the internal temperature). Remove from oven. Serve hot.

**Preparation Time: 20 minutes Cooking Time: 20 minutes Makes six 1 ½-cup servings**

1 ½ cups provides 1 oz. equivalent meat/meat alternate, ½ cup vegetable, and 1 ¾ oz. equivalent grains.

*If you babysit children in your home and would like to participate in the CACFP, please call Brandi Browning at 304-752-6868 for details.*

# Family Stabilization



## *5 Tips to Boost Your Income*

**1. Look around your house for items to sell.** More than likely, you have stuff lying around that you no longer use or you've gotten tired of—clothing, movies, tools, and home décor, to list a few examples. You can use online websites like EBay and Poshmark to sell your items, or sell locally on Facebook Marketplace. If the weather is nice, you can always set up and have an old-fashioned yard sale, too.

**2. Pick up babysitting or pet sitting jobs.** Let your friends and family members know you're available to watch their children when they have plans or need a break (if you advertise your services on social media, it always helps to have references and CPR training). Plenty of people are also looking for someone to take care of their pets when they're out of town or working long hours, so you can offer to step in and do the job.

**3. Take paid online surveys.** Websites like Inbox Dollars, Swagbucks, and Survey Junkie allow you to answer survey questions in exchange for money. You won't get rich by filling out surveys, but a few extra dollars each week can certainly help with expenses or even a vacation fund. *(Before entering any personal information, always do research to make sure that a website belongs to a credible, reputable company and isn't a scam.)*

**4. Turn a hobby into a side business.** Do you enjoy baking, photography, knitting, candle-making, or crafting? If you're creative and like the idea of being your own boss, you can always make some extra money doing something you enjoy. It might even turn into a full-time career if you have the right skills and the market is there. If you're ready to branch out, websites like Etsy allow you to sell your creations to people all over the world.

**5. Use apps that give you cash back when you shop.** A couple popular examples of cash-back apps are Ibotta and Fetch Rewards. After downloading the app, all you have to do is shop, then scan your receipts to earn cash or gift cards.

*If you need assistance, please contact our Family Stabilization Program 304-752-6868.*



# Head Start Program

## November 2020

Kylah works to identify letters in her name and put them in the right order.



## December 2020

Head Start Winter meetings were held, in lieu of our annual Agency Winter Conference, in an effort to meet in smaller groups and follow health safety guidelines in place. In addition to some winter activities, staff became Data Detectives, reviewed the Pyramid Model, and focused on Process vs. Product Art.



## December 2020

In lieu of our usual Showcase event held at Chief Logan Convention Center, the Universal Pre-K Virtual Winter Showcase, shared on PRIDE's YouTube channel, featured all Head Start and Pre-K classrooms in the county, along with introductions from community partners and local businesses.

The video can still be viewed at:

<https://youtu.be/eBvu50RDimE>.



## December 2020

Man Elementary Head Start teachers, Daryla Jackson and Tensia Spence, engage children through scavenger hunts. They looked for Clumsy the Elf all throughout the month of December, whether the children were attending in-person or virtually.





# Human Resources Department

2020 was certainly a year of ups and downs. There were sad times, but most importantly, there were happy times. We saw our communities struggle. We saw our families struggle. We saw our staff struggle. But through it all, we stuck together. We are a team.

As we prepared to launch full blast into 2021, we did so with great hopes of a better year. We ended our final quarter of 2020 with some good times with our staff, trying to keep our workplace as normal as possible.

One of the activities our Main Office staff enjoys doing yearly is our Christmas door decorating contest and our Facebook voting competition. It was certainly a difficult decision for our anonymous judge, and we would like to thank him for his valuable time. After much thought, he awarded first place to the Head Start Admin. office, second place to the In-Home Admin. office, and third place to the Human Resources office.

The winner of our Facebook competition was the Human Resources Office. This was a competition that all our staff enjoyed watching. Our staff is already making plans for our 2021 competition. We have such a competitive staff. We're sure it will be another tough decision for the judge. All the doors looked great, and we all look forward to what 2021 has in store for our agency and staff.

**CONGRATS  
TO OUR  
WINNERS!**





# In-Home Programs

COVID-19 has been a non-stop, uphill challenge. It has ravaged our nation and state. It would appear that the lifestyle we once knew and loved will forever be changed. COVID-19 has devastated many families and communities. The outlook can sound pretty bleak at times. However, during this crisis, there are some who have emerged to show the world just how special and needed they are. PRIDE has known about these special people for a long time, but others may have overlooked them. The people who have continued to provide care to our most vulnerable population during this uncertain time. Those who wear an unseen cape and demonstrate unimaginable super human powers...



## Our Homemakers!

They have certainly faced many challenges in the past year since this crisis began. They've had to think outside the box and come up with innovative ways to do the things. When there was a mask shortage, they made masks. When there was a sanitizing agent shortage, they made sanitizer. They followed the guidelines and have kept our clients safe during the scariest of times. Even though we cannot be as close right now as we once were in these pictures from the past, we will continue working to meet our mission of being ONE TEAM with ONE HEART that beats for the love of a job that serves those who need us the most. THANK YOU FOR A JOB WELL DONE!

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In-Home Services assists the elderly and disabled in achieving activities of daily living. This includes assistance with personal hygiene, nutrition, feeding, and environmental support functions. Additional information about PRIDE's In-Home Services can be found on our website [www.loganpride.com](http://www.loganpride.com) or by calling Kathy or Anna at 304-752-6868.



# Weatherization

As the year 2020 came to an end, the WX crew was eager to start the new year! As COVID-19 is still on the rise, we strive to maintain a very healthy and clean work environment. Mr. Damron, reached out to the Weatherization program after noticing that all of his insulation had fallen to the ground throughout his crawlspace area. All of the belly board had come undone and the insulation was no longer serving its purpose.



An Energy Audit was completed on Mr. Damron's home. The Weatherization staff quickly noticed there were a lot of energy saving methods that could be done. With all of the insulation being on the ground, it caused the heating and cooling unit to run almost non-stop. This is a heavy burden for a unit, ultimately increasing the energy bill. It was also noted during the inspection, that a lot of air was escaping around his door frame. After all data needed was collected, a full audit was completed using our Weatherization Assistant Program. The recommended measures were generated and a work order was in progress.

The biggest task, was to get all the insulation removed and a brand new belly installed for the home. The guys sprayed two-part foam around all the water lines, and placed blue board foam under the bathtub with dense packed insulation. The WX crew wrapped the hot water tank, installed new LED lights, and completed other energy saving methods. Things were really starting to shape up, and Mr. Damron was already seeing improvements. Energy saving measures are a main focus for Weatherization, but health and safety plays a major role also. The WX crew installed smoke alarms and CO detectors to ensure client safety. Additionally, client education is key to long-term energy savings, so we also discussed what actions Mr. Damron



could take to save energy for many years to come.

We later followed up with Mr. Damron, and he was beyond pleased with the overall outcome. He was thrilled with how well all the guys worked and how respectful everyone was. It's a great feeling to service our community. We will always take PRIDE in our hard work and dedication to making homes in our community safe and more energy efficient.



### Important Dates to Remember

February 14	Valentine's Day
February 15	PRIDE Closed—President's Day
February 22	PRIDE Board of Director's Meeting
March 14	Daylight Savings Time Begins
March 17	St. Patrick's Day
March 18	Universal Pre-K Review
March 20	First Day of Spring
March 25	Health Services Advisory Committee Meeting—11:30 am
March 29	PRIDE Board of Director's Meeting
April 4	Easter
April 5—9	No School—Spring Break
April 22	Earth Day
April 26	PRIDE Board of Director's Meeting
May 31	PRIDE Closed—Memorial Day

**A VERY SPECIAL  
“THANK YOU”  
TO OUR  
DEDICATED EMPLOYEES!**



Did you know...

**Amazon** donates to  
Pride Community Services Inc. when  
you shop @AmazonSmile.  
<http://smile.amazon.com/>  
#YouShopAmazonGives

Choose PRIDE Community Services  
(#NY927) for your  
**Kroger Community Rewards**



## Board of Directors

### **Jeff Valet / President**

Valet & Associates

### **Michael Johnson**

Private Sector Representative

### **Vacant**

Low-Income Sector Representative

### **Tonya Williamson**

Woodforest Bank

### **Donna Williams**

Low-Income Sector Representative

### **John Turner /Treasurer**

Logan County Clerk

### **Dwight Williamson**

Logan County Magistrate

### **Vacant**

Private Sector Representative

### **Joseph Mendez**

Logan County Magistrate

### **Kathleen Mounts/Vice President**

Early Education Advisor

### **Cassie Johnson/Secretary**

Head Start Policy Council

### **Lois Moses**

Mayor Town of Logan Representative

### **Kelli Donahoe**

Head Start Policy Council

### **Pat Lykens**

Senior Advisory Representative

### **Judge Christopher Workman**

Family Court

## Funding Sources

- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Appalachian Regional Commission
- Community Works West Virginia
- Dept. of Energy (DOE)
- Dept. Of Health and Human Resources (DHHR)
- Unicare
- United States Dept. of Agriculture (USDA)
- United States Dept. of Veteran Affairs (VA)
- WV Bureau of Medical Services
- WV Bureau of Senior Services (BOSS)
- WV Community Action Partnership
- WV Department of Education
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- WV Housing Development Fund
- West Virginia Metro Area Agency on Aging (Metro AAA)

## Services Offered:

**Aging Program:** Offers services to persons with disabilities and the aging population of Logan County.

- Kathy Ooten / Director

**BuildJobs Program:** Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Brandi Browning / Director

**Case Management:** The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Marsha Warden, RN / Case Manager

**Child & Adult Food Care Program (CACFP):** Offers food reimbursement and training to in-home family daycare providers.

- Brandi Browning/ Director

**CSBG (Community Service Block Grant):** To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Director

**Family Stabilization Program:** Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Director

**Head Start:** Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

**Housing Program:** Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

**In-Home Services Program:** In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten/ Director

**Supportive Services for Veteran Families:** Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

## Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

## Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



**Empowering Lives. Strengthening Communities.**

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**WWW.LOGANPRIDE.COM**  
Visit us on Facebook!

### *How Can I Help?*

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our web-site.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.