



# the Shining Star



## Contents:

Page 1  
From the Executive  
Director's Desk

Page 2  
CACFP

Page 3  
Head Start

Page 4  
Head Start/Senior  
Services

Page 5  
Family  
Stabilization

Page 6  
In-Home/SSVF

Page 7  
Human Resources

Page 8  
ERRP

Page 9  
Weatherization

Page 10  
Important Dates

## WELCOME BACK

On June 22, 2021, PRIDE Community Services celebrated with a grand re-opening of our congregate feeding sites at McDade Hall, Tracy Vickers Community Center and Chapmanville Towers. There was a great turnout at all locations with much excitement in the air. Each site had a "WELCOME BACK" banner placed in the dining areas and a special cake was served.

Our congregate sites serve lunch 12-1 each weekday. Additionally, all sites are playing Bingo on Tuesdays and Thursdays with prizes given out to each winner. Soon we will draw for a Walmart gift card as an incentive to those who are faithfully dining with us.

Our kitchen staff works diligently to prepare meals for our congregate, home delivered and grab-n-go participants. PRIDE recently purchased two additional Ford Explorers to help with our delivery process. Hot meals are distributed four days a week, with a five day box given to cover the 5th day of the week that a hot meal is not received.

In addition to our congregate feeding sites and home delivered, we also offer grab-n-go at all sites to those who just want to come through and pick up a meal. Grab-n-Go meals are available from 11:00 am to 11:45 am.

If you are 60 or older and interested in any of our programs, please contact **PRIDE Community Services** Monday through Friday 8:30 am to 4:30 pm. We look forward to hearing from you!





# CACFP

## HERRY'S BLUEBERRY LEMON PARFAIT



### INGREDIENTS

- 1 cup Lemon Yogurt (*Yogurt must meet the new meal pattern sugar limits.*)
- 2 cups local Blueberries
- 4 Tablespoons Graham Crackers, crushed

### INSTRUCTIONS

In each of 4 glasses, layer 1/4 cup yogurt, 1/2 cup blueberries, and 1 Tablespoon graham cracker crumbs. Serve with 3/4 cup of milk for a complete breakfast or without milk as a snack.

Prep Time: 15 min  
Cook Time: 25 min  
Total Time: 40 min  
Yields: 4 Serving Size

COURSE Breakfast, Snack

USDA MEAL COMPONENTS:  
CACFP crediting: 4 servings breakfast with 3/4 cup of milk or as a snack for ages 1-5

Resource: [https://www.cacfp.org/files/6915/4230/1704/Herrys\\_Blueberry\\_Lemon\\_Parfait.pdf](https://www.cacfp.org/files/6915/4230/1704/Herrys_Blueberry_Lemon_Parfait.pdf)

Connie Elliott became a Child and Adult Care Food Program provider in 2018. Connie chose to babysit her grandchildren to make sure they were well cared for and joined the CACFP to make sure her grandchildren were fed healthy foods. Connie recently made cosmic crisp apples and the kids loved them. They are not too picky and eat most foods offered. Connie says her and the grandchildren enjoy riding bikes, swimming, fishing and taking walks. The kids keep her busy, but she wouldn't trade it for the world.

*If you babysit children in your home and would like to participate in the CACFP, please call Brandi Browning at 304-752-6868 for details.*



# Head Start

## May 2021

- Spring Pre-K Showcase was held at Chief Logan Amphitheatre. This was the first in-person event since COVID hit. Brandon Williams, Early Childhood TLC, performed several of his children's songs and spoke to families about the importance of being involved before children got onstage and performed songs for their families. As part of the Pre-K Showcase, the annual silent auction was held during, in addition to families having the opportunity to participate in the auction virtually.
- Leadership Team Members and Family Advocates worked together to come up with an application for Phase 1 of the P4 Challenge. The goal is to improve child health outcomes. The submission, Well-child On Wheels (WOW) won, and the staff were surprised with a celebratory lunch at 317, which was also a planning meeting for Phase 2 of the challenge. Pictured (L to R) are: Tara Rogers, Brianna Stollings, Laura Herndon, Bridgette Leshner, Chanda Elkins, Valerie Morgan, Marlena Collins, and Angela Kennedy.



## June 2021

- Head Start staff had their End of the Year meeting virtually and participated in a Staff Wellness session, where mental health kits were distributed.
- Self-Assessment Team met and completed the 2020-2021 Self-Assessment using the Focus Area 2 Monitoring tool and noting areas of improvement in the following areas:

Topic from FA2 Monitoring Protocol	System/Service Area
Education and Child Development Services	Screenings Transitions Coaching
Health Program Services	Screenings Culture of Safety Physicals
Family and Community Engagement Services	Family Engagement Linking families to resources from community partners
ERSEA	Attendance Recruitment



## Head Start cont.

### July 2021

- Members of the Leadership Team, Laura Herndon, Chanda Elkins, Valerie Morgan, and Candice Mullins meet regularly through the summer to work on plans for the 2021-2022 school year.
- PRIDE Community Services, Inc. Head Start Leadership team members received dental supplies from Gina Sharps, Oral Health Coordinator at Marshall University. Team members pictured (L to R) include: Candice Mullins, Valerie Morgan, Laura Herndon, and Chanda Elkins.



## Senior Services *continued from page 1*



# Family Stabilization

## THE MOUNTAINEER RENTAL ASSISTANCE PROGRAM

***Is your household struggling to pay rent or even facing eviction due to hardships brought on by the COVID-19 pandemic?***

You may be eligible for rental and utility assistance through the Mountaineer Rental Assistance Program (MRAP), which is a new program administered by the West Virginia Housing Development Fund.

### **What types of assistance are provided through MRAP?**

- ◆ past due rents dating back to April 1, 2020 and up to three future rental payments (even if you are not behind on rent, you may still request three months of future rental payments)
- ◆ current and past due utilities dating back to April 1, 2020 (including electricity, gas, water, sewer, trash removal, and bulk energy costs such as propane and firewood)
- ◆ a one-time \$300 stipend for internet services

### **Are you eligible for MRAP?**

Applicants must:

- ◇ reside full-time in West Virginia
- ◇ be 18 years of age or older
- ◇ rent their primary residence in the state of West Virginia
- ◇ demonstrate a loss of income or economic hardship due to the COVID-19 pandemic **OR** have a household member that has qualified for unemployment compensation since March 13, 2020
- ◇ have a total household income that does not exceed 80% of the HUD Area Median Income (AMI) limits for 2020
- ◇ have one member of its household that can demonstrate a risk of homelessness or housing instability that began after March 13, 2020

*\*Please note that this program is not open to homeowners or individuals with a rent-to-own contract with the landlord. If you own your home but pay lot rent for the property, you may still be eligible.*

### **Ways you can apply:**

- ⇒ Complete your application online at [apply.wvmrap.com](https://apply.wvmrap.com)
- ⇒ Request a paper application be mailed to you by visiting [wvmrap.com](https://wvmrap.com) or calling (833) 848-9905
- ⇒ Call PRIDE at (304) 752-6868 and we can help you submit an application





## In-Home Services



Amanda Harvey has been a Direct Care Worker for PRIDE Community Services since 2015. She provides services for the Medicaid Personal Care, Light-house and FAIR programs. She is a dedicated and compassionate provider. Amanda enjoys the time she spends with her clients. She takes pride in her work and has a very strong work ethic. Her clients speak very highly of her and we are proud to call her one of our own. She has demonstrated the true meaning of teamwork during the pandemic by making sure her clients remain safe and have what they need. Amanda does a wonderful job for In-Home Services and we would like to SHOUT OUT a big THANK YOU for all of your hard work and determination. She is definitely one of PRIDE'S shining stars.



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## Supportive Services for Veteran Families

Mr. Doug Bratcher had been staying with a family member, sleeping on an Army cot. Mr. Bratcher explained that he would sleep in his car, when he didn't have family to stay with and the cot was causing him to have some issues with his back. After an intake was completed, it was determined Mr. Bratcher was well within SSVF guidelines as far as income and his housing status.

Mr. Bratcher was enrolled in the SSVF Rapid Re-Housing Program. Soon, we were able to locate an apartment on Pine Street in Logan. After viewing the apartment, Mr. Bratcher and SSVF Coordinator, Eddie Thompson met with the landlord to discuss the program. The landlord completed the necessary paperwork and Doug entered into a rental agreement that evening. Mr. Bratcher has since found a job and is working to get back on his feet.

Recently, PRIDE was seeking a new board member to represent the people serviced by our organization. Mr. Bratcher seemed like he would be the perfect candidate. Mr. Bratcher was interested in the position and will join PRIDE's Board during our August 2021 meeting.





# Human Resources Department



As our agency is slowly trying to transition back to our pre-COVID schedule and gatherings, we held our first Safety Incentive Meeting in July. This was our first meeting since January 2020. We had a great turnout of staff while still practicing our safety measures.

Kaci Marcum, HR Specialist, discussed with our staff the dangers of heat illnesses, signs, warnings, and treatments. All attendees enjoyed a breakfast biscuit and pastries. Three \$25 Walmart gift cards were given away by having random drawings.

We, as an agency, enjoyed and were excited to be together. It was nice to have some “normal” back in our workplace, and we look forward to what the rest of 2021 has in store for our agency.



SAFETY





# Emergency Repair & Replacement Program



Recently, PRIDE's Emergency Repair and Replacement Program had the opportunity to provide services to Ms. Redden in Ruppert, WV in Greenbrier County, with a full upgrade. Ms. Redden had been without a fully functioning heating and cooling system for years, and was forced to stay in one bedroom during the cold winter nights with her children. The home was in desperate need of a complete heat system upgrade, and we were happy to provide her with the new unit.

PRIDE Community Services Inc.'s very hardworking and motivated team of technicians were more than happy to provide assistance. The team installed a 2.5 Ton split HVAC system, floor registers, all new duct work underneath the home, new thermostat, and smoke detectors. Ms. Redden was very complimentary of PRIDE's team, rating their work as excellent.

PRIDE's Emergency Repair and Replacement Program aids households in need of emergency heat, including the repair or replacement of non-operable heating units. The program can also provide households with portable air conditioning units.

PRIDE's Emergency Repair and Replacement Program now serves Greenbrier, Logan and Pocahontas counties in WV. To see if you qualify for the Emergency Repair and Replacement Program, contact PRIDE 304-752-6868.



# Weatherization

Mr. Matney contacted PRIDE's Weatherization Program in hopes of ending the burden of his costly energy bill. After receiving Mr. Matney's completed application, we set up a date to inspect his home and see what energy efficient measures could be completed. During the inspection, we discovered all of the insulation underneath his home had been torn down and there was missing sheet rock in the living room. Both of these issues can result in a higher than usual energy bill. After completing our energy audit, we generated our work order and were ready to begin work.

One of the first things to do on the job is air sealing. The Weatherization crew sprayed two-part foam and used silicone to seal any places air could escape. Next, the crew worked to patch the hole in the living room with sheet rock. After, the crew focused on repairing the belly and batt wings underneath the home, then blowing the cavity with insulation and laying down vapor barrier. In addition, the hot water heater was wrapped and shower head replaced. Other health and safety measures were taken, including the installation of smoke and CO detectors. A final inspection was completed to insure all measures were completed to the highest standard.

Our main goal is to make each home more comfortable, energy efficient, and safe. Mr. Matney's home is now air tight and much more energy efficient. It was truly a night and day difference from before and after. Mr. Matney was so thankful and pleased with all of the measures completed on his home.



### Important Dates to Remember

August 22	WOW EVENT—Man Community Park (2-5PM)
August 29	WOW EVENT—PRIDE Community Services (2-5PM)
August 31	PRIDE Board Meeting (Noon)
September 2	Head Start/Pre-K Children First Day (1/2 Enrollment)
September 3	Head Start/Pre-K Children First Day (1/2 Enrollment)
September 6	Labor Day Holiday—PRIDE Closed
September 11	Grandfamilies Luncheon—PRIDE Community Services (11AM-1PM)
September 18	Back to School Bash—Chief Logan Park Fishing Pond (12-3PM)
October 11	Columbus Holiday—PRIDE Closed
October 15	No Pre-K

### 2021-2022 Logan County Universal Pre-K Online Registration

#### How do I register my child?

1. Scan the attached QR Code
2. Visit [www.loganpride.com](http://www.loganpride.com)
3. Visit <https://boe.logank12.wv.us>

**\*\*If registering online presents challenges,  
contact PRIDE or any Logan Co. Elementary School**



A VERY SPECIAL  
“THANK YOU”  
TO OUR  
DEDICATED EMPLOYEES!



Did you know...

**Amazon** donates to  
PRIDE Community Services Inc. when  
you shop @AmazonSmile.  
<http://smile.amazon.com/>  
#YouShopAmazonGives

Choose PRIDE Community Services  
(#NY927) for your  
**Kroger Community Rewards**



## Board of Directors

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Valet & Associates

### **Michael Johnson**

Private Sector Representative

### **Angela Miller**

Low-Income Sector Representative

### **Tonya Williamson**

Woodforest Bank

### **Donna Williams**

Low-Income Sector Representative

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### **Dwight Williamson**

Logan County Magistrate

### **Douglas Bratcher**

Private Sector Representative

### **Joseph Mendez**

Logan County Magistrate

### **Kathleen Mounts / Vice President**

Early Education Advisor

### **Cassie Johnson / Secretary**

Head Start Policy Council

### **Lois Moses**

Mayor Town of Logan Representative

### **Kelli Donahoe**

Head Start Policy Council

### **Pat Lykens**

Senior Advisory Representative

### **Judge Christopher Workman**

Family Court

## Funding Sources

- Administration for Children & Families (ACF), Dept. of Health & Human Services (DHHS)
- Appalachian Regional Commission
- Community Works West Virginia
- Dept. of Energy (DOE)
- Dept. Of Health and Human Resources (DHHR)
- Unicare
- United States Dept. of Agriculture (USDA)
- United States Dept. of Veteran Affairs (VA)
- WV Bureau of Medical Services
- WV Bureau of Senior Services (BOSS)
- WV Community Action Partnership
- WV Department of Education
- WV Dept. of Health & Human Resources (WVDHHR)
- WV Development Office—Community Advancement & Development (WVCAD)
- WV Housing Development Fund
- West Virginia Metro Area Agency on Aging (Metro AAA)

## Services Offered:

**Aging Program:** Offers services to persons with disabilities and the aging population of Logan County.

- Kathy Ooten / Director

**BuildJobs Program:** Provide training in construction trades to prepare displaced coal economy workers for re-employment opportunities and assist in the creation of small trade businesses.

- Brandi Browning / Director

**Case Management:** The goal of this program is to assist the aged and disabled 18 years and up through the process of application for the Title XIX Waiver program.

- Kirsten Chafin / Case Manager

**Child & Adult Food Care Program (CACFP):** Offers food reimbursement and training to in-home family daycare providers.

- Brandi Browning / Director

**CSBG (Community Service Block Grant):** To stimulate a better focusing of all available local, state, private and federal resources upon the goal of enabling low-income families and low-income individuals of all ages, in rural and urban areas, to attain the skills, knowledge and motivations and secure the opportunities needed for them to become self-sufficient.

- Brandi Browning / Director

**Family Stabilization Program:** Assists individuals and families who are experiencing crisis situations that inhibit their ability to be successful or work toward success in their personal lives.

- Brandi Browning / Director

**Head Start:** Provides comprehensive and quality services to all Head Start children and families in order to facilitate their development to the fullest potential.

- Candice Mullins / Director

**Housing Program:** Offers a continuum of programs that provide affordable, decent, safe, energy efficient and innovative housing for low-moderate income people and to improve the conditions of communities we serve. This program includes: Housing, Residential Energy Assistance Program (REAP), and Weatherization Program.

- Stephen Gilman / Director

**In-Home Services Program:** In-home care services are available by certified homemakers and certified nursing assistants.

- Kathy Ooten / Director

**Supportive Services for Veteran Families:** Focuses on securing and maintaining housing for Veterans who are currently homeless, assists in obtaining VA and other public benefits.

- Eddie Thompson / Coordinator

## Vision Statement

PRIDE Community Services will serve as a driving force in creating a community where people are empowered with resources and opportunities to reach their greatest potential.

## Mission Statement

PRIDE Community Services makes a positive impact on the lives of those in need by bringing together educational, financial and human resources that support self-sufficiency.



**Empowering Lives. Strengthening Communities.**

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Visit us on Facebook!

### *How Can I Help?*

PRIDE is focused on bettering our community. We can only meet our goals with the assistance of community members like you. We hope that you will support our mission and help us continue to implement our programs and initiatives. If you would like to send a donation, please do so by mail to the address listed or via our web-site.

You are also welcome to volunteer your time to see our programs up close and personal. Contact the Human Resources Dept. for volunteer opportunities.